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From laboratory to bedside

FIONA WYLIE, AUSTRALIAN LIFE SCIENTIST

15/11/2006 14:56:28

"It is not that stem cell transplantation doesn't work, it is just that we need more work to figure it out." With this kind of simple optimism, and a little green jasmine tea, Professor Brent Reynolds chatted with Fiona Wylie about life, coincidence and the use of neural stem cells to treat spinal cord injury.

Brian Reynolds is one of a distinguished list of speakers making up a two-part session, "In the search for a cure for spinal cord injury - from laboratory to bedside", at the Australian Health & Medical Research Congress (AH&MRC) at the Melbourne Convention Centre from November 26 to December 1.

Reynolds moved from Canada to the Queensland Brain Institute (QBI) at the University of Queensland in 2004. His path to this point has been somewhat unorthodox to say the least, particularly for someone who published a Science paper and devised an important new tool for the entire field during his PhD.

Immediately after finishing his doctorate in 1994, Reynolds founded a company called NeuroSpheres, based on this new technology.

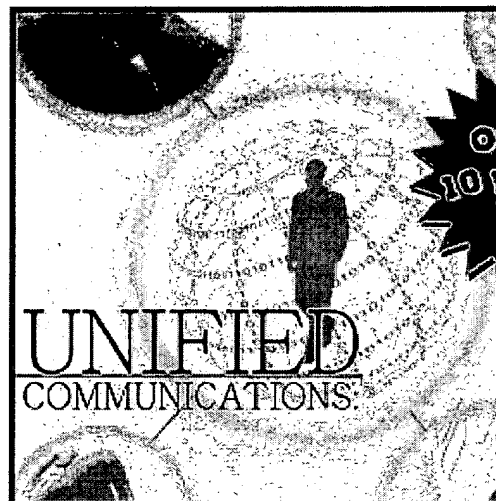
"I was the director of research and we worked with large pharma and several biotechnology companies to further develop and protect the technology," Reynolds says. "Today NeuroSphere transplantation technology is licensed to Stem Cell Inc, based in California, who are about to start clinical trials based on technology we developed and patented, which is kind of exciting."

Impressively, the technology is also the basis of Phase II trials by another company for treating stroke, and at least half a dozen clinical trials starting in 2007-2008.

The unorthodox route to the QBI began in 1997, when Reynolds opted out of science to study Chinese medicine. He and his family spent the next few years between Thailand, running a yoga centre, and Salt Spring Island off the west coast of Canada, where Reynolds had a Chinese medicine clinic.

The lure back to science came in 2002 when an old university friend in Vancouver, who was head of business development with a company called StemCell Technologies, contacted him because the company wanted to get into the neural stem cell field.

"Things weren't working, he heard that I had moved to the west coast so he asked if I

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would come and have a look at this stuff, and I started going to help him one day a week," Reynolds says. "It was also near a really good yoga teacher."

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To help out, Reynolds got on the phone to former contacts looking for technology to license. One of these was Rietze, who used to work with Reynolds at NeuroSpheres. Rietze had just moved from Melbourne up to Queensland with Professor Perry Bartlett to set up the QBI.

It seems the next step was meant to be - Reynolds and his family had just been convinced by a friend from Thailand that Australia, and particularly Brisbane, was a great place to live.

"So Rod arrives and is telling me all about this new institute and says I should come and work with them in Brisbane. It was perfect."

Neural stem cells

Since his arrival in the Sunshine State, Reynolds and his team at the QBI have been developing methodology (some have been patented) to identify and expand distinct cell populations within a heterogeneous milieu of neural stem cell culture to benefit transplantation therapies, in particular spinal cord injury.

"The existence of stem cells in the adult mammalian central nervous system (CNS) and our ability to isolate and expand them ex vivo provides a number of therapeutic opportunities when it comes to treating spinal cord injury," Reynolds says.

Cell transplants into nervous tissue have been going on in animal models now for two to three decades. Primarily, the work has been done in rodent models of Parkinson's disease, with over 1000 reported studies of transplants into the brain. Human studies have also been carried out, with 300 to 400 people receiving human foetal tissue.

Basically, there were lots of promising results, and some not so promising results. Reynolds uses this history to highlight the two main problems with neural cell transplantation, which he will discuss along with ways to solve these problems at the AH&MRC.

Firstly, there is never going to be enough primary foetal tissue available for transplants, especially given the ethical and moral issues to be considered, he says. The primary requirement in this field is therefore a renewable source of stem cells.

One possibility is embryonic stem (ES) cells, differentiated down the neural lineage and grown up in culture for transplants. The problem with ES cells is that they are undifferentiated cells to start with and there is a chance, albeit only slight, that one of those cells doesn't terminally differentiate and grows to form a tumour after transplantation.

"All you are going to need is one tumour in one patient, and it will kill the whole field," he says. "That is what happened in the late '90s with gene therapy."

This issue is highlighted by a paper just published in Nature Medicine showing that human ES cells differentiated into dopamine neurons and transplanted into a rodent model of Parkinson's cured the symptoms of the disease. In the animals, however, developed tumours. The solution is better ways to sort cell populations early on in the process. Reynolds' group is also working on assays to do this.

The other possible renewable source are neural stem cells grown as neurospheres, which are clusters of cells in tissue culture from primary neural stem cells isolated from either adult or foetal tissue. These neurospheres can be grown up in large quantities in vitro for transplantation into patients.

As mentioned, Reynolds actually developed the neurosphere assay (NSA), which is now widely used to isolate, propagate and enumerate stem cells derived from the CNS. It is now recognised, however, that not all the neurospheres in a culture are derived from stem cells as first thought. About 90 per cent come from progenitor cells. The numbers of stem cells represented by the NSA are largely indeterminate. Reynolds is also developing assays to address this problem.

Proliferation

The second major problem with growing neural stem cells as neurospheres is that only about 10 per cent of them turn into neurons. When the cells are given growth factors in culture to drive proliferation, it seems to push them predominantly down the astrocyte lineage (approximately 90 per cent).

Since generally only one to 10 per cent of transplanted cells survive, the numbers of cells needed for the treatment of one patient becomes unreasonably large.

"People have tried very hard and for a long time and push cells down the neural pathway and basically, it just doesn't work," he says.

Hence, a need existed for a more accurate way of determining and purifying precursor cells. "We have to know what we are transplanting into patients."

Reynolds' team has come up with a new assay, called the neuroblast assay, which increases the number of neurons that are produced from neurospheres. These are then sorted to give a purity of about 90% neurons. The successful implementation of this technology also depends on being able to identify distinct populations of cells within the heterogeneous population of stem and progenitor cells.

"We need to know exactly what is in the culture dish, and what each patient receives in a reproducible way."

Variable and indeterminate combinations of neuronal and other CNS cells are the most likely cause for the neurological effects seen with those early transplants into Parkinson's patients. Part of the technology developed by the team at QBI is focused on sorting the expanded cells to address this exact issue.

Ideally, they will be able to take stem cells from an adult donor, grow them up in tissue culture as neurospheres, separate out the neuronal and non-neuronal cell types, and then reproducibly transplant for each individual. The process additionally allows controlled mixing of the sorted cells.

"You may not want to transplant all neurons - you may want to use 60 per cent neurons and 40% astrocytes. Some transplant papers that report better results when neurons are transplanted with astrocytes."

The ultimate aim for this research is to have a renewable and defined source of neural stem cells that can be used for different patients to treat spinal cord injury, stroke, Parkinson's disease and more.

"Obviously this is just the first step, but we now have a way of figuring out what we need to do."

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January 2004, 109:1 > Use of gene therapy in central...

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Use of gene therapy in central nervous system repair.

Review article

Acta Neurologica Scandinavica. 109(1):1-8, January 2004.
Tinsley, R.; Eriksson, P.

Abstract:

Recent advances have increased our molecular understanding of the central nervous system disease. In order to realize the clinical benefits of these findings, new molecular models of CNS disease, provides evidence suggesting that gene therapy option. In fact, the first gene therapy clinical trial for Parkinson's disease has been applied in animal models, and how it may be used in human beings. Furthermore, it explores how such advances may augment, more conventional therapeutic approaches.

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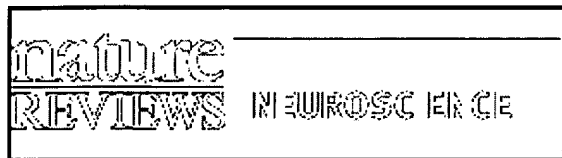
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Nature Reviews Neuroscience 7, 75-84 (January 2006) | doi:10.1038/nrn1829

Opinion: Gene therapy: can neural stem cells deliver?

Franz-Josef Müller^{1,2}, Evan Y. Snyder¹ and Jeanne F. Loring¹ [About the authors](#)

Abstract

Neural stem cells are a self-renewing population that generates the neurons and glia of the developing CNS. Neural stem cells have been considered for use in cell replacement therapies in various neurological disorders. An unexpected and potentially valuable characteristic of these cells has recently been revealed — they are attracted to areas of brain pathology such as ischaemic and neoplastic lesions. Here, we speculate that stem cells might be exploited as delivery vehicles for gene therapy in the CNS.

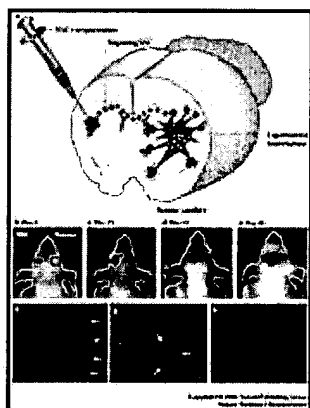
Neural stem cells can be defined operationally as cells that can continuously self-renew and have the capacity to differentiate into all cell types of the CNS.

intermediate and mature cells of both glial and neuronal lineages¹. There are various subpopulations that can be restricted to particular developmental stages or regions of the mature brain, and each of these has specific biological features^{2,3}. It remains unclear whether cultured cells that are derived from this population have the operational definition of neural stem cells — multipotency and the ability to self-renew — are identical to those that have been reported in vivo. In addition, as there are few consensus criteria that can be used to identify neural stem cells, cells known as neural stem cells in one laboratory may differ considerably from similarly named cells in another. For the purposes of this review, we use an inclusive view, assuming that cells that are called neural stem cells by different investigators do have common features that allow generalization. However, we do add the caveat that a particular neural stem cell line or preparation might not apply to all populations (for more details, see Refs 3–6; for reviews, see Refs 2,7,8).

Neural stem cell homing and drug delivery

The migratory abilities of endogenous and exogenous neural stem cells are well known, and it has been hypothesized that these properties, along with the cells' differentiative abilities, might be harnessed for replacement of diseased cells. In 2000, some reports showed for the first time how these cells might be used in a novel way to deliver therapeutic substances to specific sites in the brain^{9,10,11}. These reports showed that cells transplanted into animal models of brain neoplasia were found near metastatic tumour cells far from the site of transplantation^{9,10,11} (Figs 1,2). These observations suggest that neural stem cells engineered to express a specific therapeutic gene might be used to track down and destroy malignant cells. This opens up a possible new realm for neural stem cells: being viewed solely as restorative cell therapeutics, the cells could help to solve one of the most difficult problems in therapy — how to target therapeutic genes to diseased tissues.

Figure 1 | Neural stem cell homing in brain tumours.

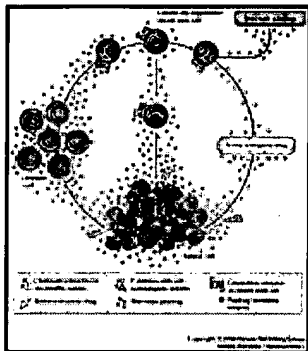


a | Transplanted neural stem cells (NSCs) showing tropism for malignant cells in rodent models. Exogenous neural stem cells implanted at sites distant from experimental brain tumours have been observed to migrate and homing to the tumour site. It has been hypothesized that this phenomenon could be exploited to track down widespread metastatic CNS pathology and deliver therapeutic systems into brain malignancies. Panels show a time series for murine neural-stem-cell-transfected with the 'luciferase' gene (Luc) and implanted into one hemisphere of experimental animals. b | Time series of bioluminescence emission imaging of Luc expression for these animals is shown on day 9, day 15, day 22 and day 28 post-implantation. c | Experimental tumour (black circle in b) was evident from day 15. d–h | Pathotropism of human neural stem cells (red) to a U87 (a glioblastoma cell line) xenograft (arrows). e | Distribution of the cells (red) within a U87 (a glioblastoma cell line) xenograft (arrows). f | Distribution of the cells (red) within a U87 (a glioblastoma cell line) xenograft (arrows). g | Distant tumour satellite of a U251 (a glioblastoma cell line) xenograft (arrows). h | Proximity of neural stem cells (red) to a U251 (a glioblastoma cell line) xenograft (arrows). Note that neural stem cells can migrate transcallosally from one hemisphere to the other and also infiltrate small tumour satellites that have dislodged from the main tumour mass. h | Proximity of neural stem cells (red) to a U251 (a glioblastoma cell line) xenograft (arrows).

blood vessel (green) in a U87 xenograft. Panels b–e reprinted, with permission, from Ref. **82** © Panels f–h reprinted, with permission, from Ref. **23** © (2005) Neoplasia.

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Figure 2 | Determinants of neural stem cell homing to brain tumours for delivery of



Neural stem cells express various receptors for chemoattractant signals as a result of brain path chemoattractants are chemokines such as stromal cell-derived factor 1 (SDF1, also known as CXCL12) and monocyte chemoattractant protein 1 (MCP1, also known as chemokine (C–C motif) chemotactic proteins such as vascular endothelial growth factor (VEGF). Stem cells can be gene enzymes that metabolize non-toxic prodrugs locally, thereby allowing production of the active cytokines that act directly on the tumour or activate immune cells, which, in turn, attack the tumour.

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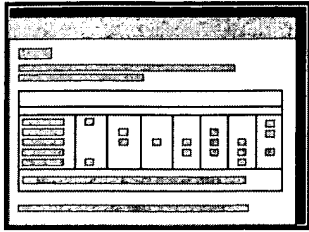
The characteristics of neural stem cells make them suitable as therapeutic delivery vehicles for from other cell types that might be considered for this purpose. Unlike fibroblast cells, which migrate from organs, neural stem cells have the potential to integrate seamlessly into the host brain without differentiation. For example, neural stem cells could differentiate into glia or neurons, but are unlikely to become cancerous. Stem cells can be propagated for long periods, and are therefore amenable to the techniques required for gene delivery. Because stem cells can disperse throughout the brain after transplantation, the use of these cells is preferable to multiple stereotactic injections for the delivery of molecules that require distribution. This approach has been used for enzyme replacement in lysosomal storage diseases¹². Another characteristic of neural stem cells for targeted delivery is their tropic behaviour toward neoplasms, which could be exploited to target infiltrating malignant satellites after main tumour resection.

Neural stem cell pathotropism

Neural stem cells (endogenous and transplanted) seem to be attracted to various experimental lesions such as cancers and areas of neurodegeneration. For example, neural stem cells have shown tropism for degenerating spinal cord motor neurons in a transgenic mouse model of **amyotrophic lateral sclerosis**.

1). Neural stem cell cancer tropism is not limited to primary brain malignancies and has also been

Table 1 | Disease models with neural stem cell tropism



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The fate of neural stem cells in the presence of lesions is not well understood, because most preclinical markers (for example, reduction in tumour burden or survival time after treatment)^{9,16}. In certain lesions, transplanted cells appear to form astrocytes and neurons¹⁷. A glial fate may not be ideal neuronal differentiation that could participate in abnormal, possibly damaging, circuits.

The normal course of neural stem cell development and migration in vivo is controlled primarily in regions of the brain that harbour neural stem cells. The microenvironments surrounding neural stem cells, including astroglia, microglia and endothelial cells, which are important regulators of stem cell generation and maintenance of brain homeostasis^{18,19,20,21,22}. Disturbances in the environment due to disease can affect stem cell behaviour by disrupting the environmental equilibrium and exposing the cells to new factors. For example, gradients of factors such as vascular endothelial growth factor (**VEGF**) and stromal cell derived factor-1 (**SDF1**), which emanate from distant brain lesions, may act as attractants for stem cells^{23,24}.

In attempting to predict the behaviour of stem cells in the brain, it is important to consider both endogenous and transplanted neural stem cells. Endogenous and transplanted neural stem cells are often found in the same regions of the brain, but there are some important differences to keep in mind. Cultured neural stem cells expanded in culture well beyond their expected proliferative capacity in vivo. Because culture can alter the phenotype of cells, culture could markedly alter the cells' response to their environment. A recent study showed that exposure to the mitogen epidermal growth factor (**EGF**) may convert neural stem cells to neuronal progenitors⁴. Until more is known about the receptors expressed by neural stem cells and the effects on genetic, epigenetic, transcriptional and translational levels, information about exogenous factors should be used cautiously to interpretations of endogenous stem cell behaviour^{5,6,8}.

The molecular basis of neural cell pathotropism is not well understood and different pathologies can lead to different tropisms. Cultured neural stem cells express a wide variety of receptors that should enable them to respond to factors that emanate from brain pathologies (**Table 2**). Experimental studies show that they home to local sites of pathology after transplantation (**Table 1**). Some factors that can be held responsible for this phenomenon belong to the chemokine family^{25,26} (chemotactic cytokines; **Table 2**). Chemokine and cytokine production is a common feature of many brain pathologies, including stroke and brain malignancy, which suggests that these factors could be important in mediating stem cell tropism to pathology^{24,25,26}.

Table 2 | Cytokines potentially involved in neural stem cell pathotropism

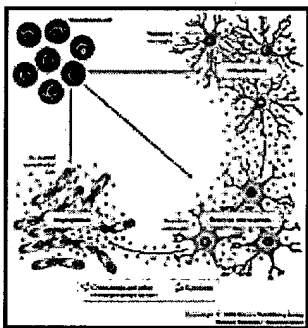
The diagram illustrates a computer system architecture. At the top is a box labeled 'CPU'. Below it is a horizontal bar representing a bus. To the left of the bus is a vertical stack of boxes labeled 'I/O Controller', 'Memory Controller', 'Cache', and 'Main Memory'. To the right of the bus is a vertical stack of boxes labeled 'Cache', 'Main Memory', 'I/O Controller', and 'Memory Controller'. Below the bus is a horizontal bar representing another bus. At the bottom is a box labeled 'I/O Controller'.

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Regulation of neural stem cell tropism

The available information suggests that there are at least three important physiological processes in the behaviour of transplanted neural stem cells: inflammation, reactive astrogliosis and angiogenesis.

Figure 3 | Determinants of neural stem cell pathotropism.



Neural stem cells are attracted by at least three physiological processes that are common to many reactive astrocytosis and angiogenesis. Pathology-induced CNS inflammation is mediated by various cytokines and chemokines, which, in turn, increase the inflammatory reaction (for instance, the interleukin-6, **IL-6**, and monocyte chemoattractant protein 1, MCP1, also known as chemokine gradients can also attract neural stem cells. The brain lesion and subsequent inflammation trigger signals emanating from inflammation, activated astrocytes secrete chemotactic factors (for example SDF1, also known as chemokine (C-X-C motif) ligand 12, CXCL12, and vascular endothelial growth factor can act both as chemoattractants for neural stem cells and as promoters of pathology-induced angiogenesis and inflammation-activated endothelial cells enhance neural stem cell homing to lesion site. Chemoattractant factors (such as SDF1), and also offer an atypical, perivascular niche for support

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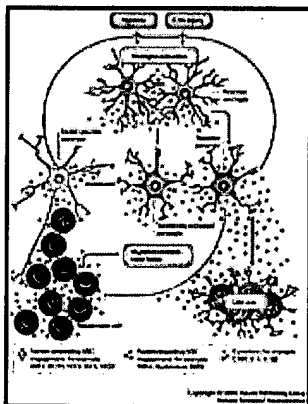
Inflammation. In vitro, microglia can induce neural stem cell migration^{22, 27}. It is an attract

inflammatory response to brain pathology is the common denominator responsible for the seen cells to disparate brain lesions. The prevailing view, based on studies of multiple sclerosis, epile encephalitis and brain irradiation, is that brain inflammation is detrimental to the CNS in gene^{29,30,31}. Microglia are the first line in defence against brain pathologies, functioning as a dam; and responding to insults by producing cytokines, which, in turn, initiate further reactive respo cells also release neurotrophins^{29,33}, which would be expected to protect neurons, and microgl can modulate the mobilization of neural stem cells both in vitro and in vivo. This suggests that r initiating and coordinating neural-stem-cell-based brain repair mechanisms^{22,27,29,34}.

Reactive astrogliosis. As inflammatory cytokines are released by microglia in response to a astrogliosis, characterized by hyperplasia, hypertrophy and an increase in glial fibrillary acidic p³⁶. Triggers and mechanisms of this multifaceted response are not fully understood, but some f proximity of the astrocytes to a CNS pathology, the type of lesion and the types of cytokine prod ($IL-1\beta$)^{35,37}.

Studies of the acute effects of inflammatory signals suggest that certain types of activated astrocy tissue regeneration and stem cell migration^{38,39,40} (Fig. 4). For example, reactive astrocytes SDF1, which is at least partially responsible for the attraction of neural stem cells to these lesion involved in the guidance of leukocyte and glial homing toward brain injuries^{41,42} and can reveal invoked by tissue damage to a phenotype resembling radial glia in the developing brain⁴³. These progenitor migration⁴³. Although some types of glial activation might have beneficial effects, it reactive astrocytes are thought to interfere with neuronal–glial signalling and impede neural pr scars and secreting factors such as slit homologue 2 (**SLIT2**), tumour necrosis factor- α (**TNF α**), hyaluronic acid^{44,45,46}.

Figure 4 | Model of activated astrocyte mediation of neural stem cell homing to brain lesions.



CNS injury, hypoxia, microglial activation and the subsequent release of inflammatory cytokine 6 and ciliary neurotrophic factor (CNTF)) invoke complex responses known collectively as gliosis. In response to CNS injury, some mature glia revert to a developmental, radial-glia-like state, and can directly migrate towards brain lesions. Cytokine release also causes transient activation of astrocytes. These transiently activated astrocytes become a source of chemoattractants (such as stromal cell-derived factor 1 (SDF1), vascular endothelial growth factor (VEGF), and chemokine (C-C motif) protein 1 (MCP1)) that act on neural stem cells (NSCs)^{3,4,5,6}. SDF1 may directly

toward brain pathology along non-stereotypical routes⁴. Other factors (such as fibroblast growth factor 1 (IGF1)) supplied by reactive astrocytes support neural stem cell proliferation, but astrocytes proliferate reactively, become hypertrophic and increase their glial fibrillary acidic protein. This eventually results in the formation of a tightly compacted astroglial scar, which is the source of (SLIT2), tumour necrosis factor- α (TNF α) and hyaluronan) that repel neural stem cells and limit regenerative capacity^{3, 8, 9}.

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Angiogenesis. Evidence is emerging for an intimate relationship between CNS morphogenesis and the basal lamina produced by endothelial cells contains many components that are believed to be in the neurogenic niche^{21, 49}. Therefore, endothelial cells could also be involved in the regulation of brain pathology. Vasculogenesis resulting from brain pathology could enhance neural stem cell mobilization. Chemoattractants such as VEGF. VEGF-mediated homing of stem cells might have a key role in stem cell glioma tropism^{23, 50, 51}. In addition, SDF1 is expressed by endothelial cells as well as by pericytes and could be important for attraction of neural stem cells²⁴. Because neural stem cells seem to interact with endothelial cells from the luminal side, adhering and transmigrating in a similar fashion to leukocytes, they can be delivered via the bloodstream. In support of this idea, a recent report shows that neural stem cells in the bloodstream in a mouse model of multiple sclerosis establish atypical niches around blood vessels, maintain an undifferentiated state and appear to suppress the inflammatory process^{53, 54}.

Choosing a vehicle for delivery

There is considerable diversity among neural stem cell lines and they may not all be equally suited for stem cell delivery. A suitable vehicle would be stable in tissue culture and capable of sustained, preferably long-term, release of molecules. The cells should have predictable and appropriate differentiation patterns in culture and survive long term in vivo without forming tumours. For the therapeutic strategy to be effective, the vehicle should demonstrate responsiveness to the chemotactic signals produced by the type of pathology that it is targeting. It would be a means for facile delivery of the cells (for example, via the bloodstream).

Should cell lines be immortalized? Historically, non-tumour cells had to be immortalized sufficiently to facilitate their characterization. Immortalizing cells usually involves introduction of an oncogene to expand beyond the time at which they would normally reach senescence. Identification of genes that promote growth in culture of non-immortalized neural stem cells has made immortalization less necessary, and the use of immortalized cells as research tools and in clinical settings. Immortalized neural stem cells appear to be atypical of most neural stem cell populations, such as extraordinary migratory abilities in vivo (e.g., crossing the blood-brain barrier) and a higher degree of multipotency, which may increase the probability of tumour formation by

However, there are some cases in which oncogene immortalization is an asset. Safety concerns about the value of the more pronounced invasiveness and migratory capabilities of immortalized neural stem cells. Immortalization can allow propagation of cells with definable properties almost indefinitely, so that particular traits can be established. Furthermore, if immortalized cells could be shown to be more reliable and much easier to control their quality than the quality of primary cell preparations for use in clinical trials, they could be subjected to much more thorough analysis.

Primary cells for transplantation. Although it can be argued that the ideal cell type for transplant is the endogenous neural stem cell as possible, there are some serious limitations to the use of primary stem cell reconstitution of bone marrow, it is unlikely that a single neural stem cell or small group can regenerate damaged brain tissue, so expansion of cells in culture will be required. How much expansion of a sufficient number of viable stem cells for a successful transplant has to be determined empirically.

In vitro culture creates its own problems. There are many neural stem cell lines and preparations under different conditions from diverse sources and maintained under a wide variety of culture conditions. To be used clinically, an important challenge will be for investigators to agree on a common set of characterization criteria.

Human embryonic stem cell-derived cells: can they be effective and safe? Human embryonic stem (ES) cells have several powerful advantages over other types of stem cell for therapeutic approaches. ES cells are derived from cells of the inner cell mass of blastocyst-stage embryos. Unlike neural stem cells, differentiation of ES cells into all elements of the nervous system. ES cells are also immortal and do not undergo senescence after passage. Perhaps most importantly, the focused efforts to characterize ES cells in many laboratories mean that there are the same well-studied cell populations. This reduces the problems of reproducibility and quality with other stem cells. Human ES cells can be induced to differentiate along neuronal lineages⁵⁹ and they resemble somatic neural stem cells. However, there are several important challenges that arise for their use in therapeutic approaches. First, we have to anticipate that because they have not experienced normal development, ES cells might not develop conventional cellular phenotypes, and this may result in unpredictable behavior. Second, much data are available on the migratory potential of human ES-cell-derived neural stem cell populations compared to endogenous neural stem cells. Furthermore, populations of ES-derived transplanted cells must be shown to be stable and to characterize undifferentiated populations. It is also important to keep in mind that the use of ES cells raises concerns associated with the derivation of these cells from early embryos.

How will we decide? The decision for or against a certain cell preparation must be based on the balance of benefits and harm, and the modern concept of evidence-based medicine. At present, a widely held view is that stem cell-based approaches will be the most relevant therapeutic systems for targeting brain pathologies. However, there is insufficient evidence for any cell type, and there is a need for comprehensive studies that compare different cell populations. New approaches, such as improved in vivo cell tracking tools, will be important for resolution of these issues.

Neural stem cell-based gene therapy

In the nervous system, replacement of neurons is often considered to be the main goal of cell therapy. However, stem cells, are already being used as gene delivery tools and for rescuing neurons rather than replacing them. One approach to gene therapy is that diseases that are caused by the lack of some crucial protein can be treated by introducing a functional gene using appropriate gene expression vectors. This idea was originally proposed for hereditary diseases such as phenylketonuria. In these diseases, a mutated catabolic enzyme causes a metabolic logjam in the upstream pathway, leading to the accumulation of affected cells and surrounding tissue with accumulating substrates and toxic side products. In the case of gene therapy, the expression of a functional replacement gene in or near the affected area would restore the metabolic pathway. This defined concept has been broadened to include any genetic manipulation of cells or tissue to treat a disease. Gene therapies for **Alzheimer's disease** include targeted expression of choline acetyltransferase, which produces acetylcholine, which therefore results in the localized delivery of small molecules, in this case acetylcholine. The use of stem cells will be used therapeutically depends on the nature of the disease or damage that requires treatment.

Neural stem cells can be genetically transduced in vitro and in vivo^{12, 64}. Currently, the most effective way of introducing genes into neural stem cells is by means of lentiviral vectors; the chief concerns about this approach are the potential for

transgene silencing in situ and that integration of the transgene can activate a nearby oncogene, growing subclones^{58, 65, 66}.

To highlight various stem cell-mediated gene delivery strategies, we discuss in more detail six systems that may benefit from such therapy.

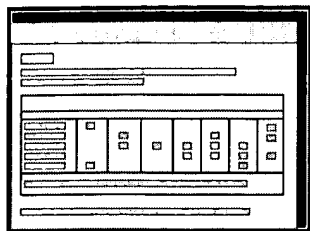
Parkinson's disease. A lack of dopamine in the putamen (caused by the degeneration of innervation of the putamen) has a central role in the pathogenesis of **Parkinson's disease** (PD). Systemic L-DOPA is an effective treatment for the symptoms of PD early in the course of the disease, but does not prevent degeneration and eventually becomes ineffective. Because the degeneration is relatively localized, cell therapy, and experimental transplants of fetal dopamine neurons into the putamen were performed in patients, the successful transplants seemed to work as dopamine pumps, similar to the systemic treatment, the chief advantage of a transplant being a smoothing of the on-off cycle of symptoms, in which patients are often being unable to move and periods of uncontrollable movement^{67, 68}. A concern about this approach is its variability, which is partly due to the inconsistency of the fetal tissue used for transplant and is a characteristic of the disease in each patient; in a controlled study, the best therapeutic benefit was achieved with the best achievable symptomatic improvement using L-DOPA in the same patient⁶⁸. The mechanism is not clear; because of the paucity of functional connections in many transplants, it has been proposed that they were acting more as gene therapy vehicles for dopamine delivery than as replacement neurons. However, they might not be limited to acting as dopamine pumps; in some cases, functional connections have been observed. It has been suggested that the transplanted cells may produce trophic factors that help to protect remaining neurons. Preclinical investigations are testing the use of genetically induced production of neurotrophic factors such as neurotrophic factor (**GDNF**) or VEGF in neural stem cell transplants^{69, 70, 71} (see also the following section on neurotrophic factor delivery in neurodegenerative diseases).

Alzheimer's disease. Alzheimer's disease presents a greater therapeutic challenge than PD, but it is widespread, beginning in the hippocampus, cortex and amygdala, and progressing to other regions of the brain. Strategies for cell and gene therapy are focused on using cells to deliver neurotrophic factors. Neurons are protected from degeneration and to re-activate impaired circuitry in neurodegenerative diseases. A clinical trial using fibroblasts to deliver nerve growth factor (**NGF**) has recently been completed⁷². An adeno-associated virus (AAV) to deliver NGF expression vectors directly to the brain.

Most recently, we have proposed that the homing qualities of neural stem cells might be exploited with therapeutic enzymes (F.-J.M. and J.F.L., unpublished observations).

Amyotrophic lateral sclerosis. Experimental studies show that overexpression of growth factors such as growth factor 1 (**IGF1**) or VEGF can have beneficial effects on the course of ALS in animal models. However, this sort of therapy for clinical use is the delivery of these large molecules across the blood-brain barrier. It may be the best means of increasing the production of these factors in situ. Cell therapy might be used to deliver these large proteins to specific areas of the CNS where they can aid in the survival of neurons⁷⁵.

Brain malignancy. Neural stem cells seem to be attracted to certain brain tumours and this allows these cells to be used for local chemotherapy (**Fig. 2**). The main issues under investigation are the optimal choice of stem cell type, and the most effective therapeutic system to use (**Table 3**). So far, several immortalized neural stem cell-like cells in preclinical models. The large variety of therapeutic systems, including viruses, prodrug-converting enzymes, immunomodulatory cytokines, proteins with anti-angiogenic activity and direct anti-tumoural activity^{9, 10, 11, 76, 77}.

Table 3 | Examples of studies on neural stem cell-based gene therapy in animal models

- [Full table](#)
- [Figures and tables index](#)
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Disorders of brain metabolism. Inborn genetic defects affecting the CNS, such as lysosomal storage diseases, are among the most promising targets for stem cell therapy. Dispersion of genetically normal stem cells in the brain can lead to the delivery of missing enzymatic activities^{12, 78}. The current preclinical research objectives for this approach include the timing of treatment, which could be in utero, and the type of stem cell to use. The most straightforward targets are storage diseases that are frequently accompanied by an extremely prominent neuroinflammatory response, such as galactocerebrosidase deficiency (**Krabbe disease** in humans and the twitcher mouse). Significant progress has been made recently in protecting neural stem cells from inflammatory damage and could be applied to this approach.

Neuropathic pain. The delivery of cells and genes to treat certain forms of neuropathic pain is a major goal (Table 3). Potentially therapeutic molecules such as growth factors and neurotransmitters delivered by stem cells could alleviate forms of chronic pain in animal models. An emerging conceptual aspect of these studies is the use of stem cell derivatives — astrocytes and oligodendrocytes) might have another unexpected application; the use of stem cells to alleviate injury-induced central pain by influencing neuronal circuitry and excitability^{80, 81}.

From the pioneering work in PD to the emerging exploration of stem cell therapy for Alzheimer's disease, the enthusiasm for the potential of stem cells for the treatment of various diseases of the nervous system is growing. Gene delivery has the potential to maximize the therapeutic impact of drugs. However, most stem cell therapies are still in the preclinical testing phase and will have to pass significant hurdles to become viable therapies.

Summary

Neural stem cells could be exploited as delivery vehicles for therapeutic molecules to treat CNS diseases, moving towards brain pathology, which appears to be mediated at least in part by chemokines. The challenges of this approach are in determining which neural stem cells are appropriate for each application, how they are delivered, and what diseases are suitable targets for this approach.

It is important to remember that the current dominant concept in this field predicts that neural stem cells are primarily for cell replacement therapy. Although experiments continue to be designed with the expectation of new findings, they yield surprising new interpretations. We will benefit from remaining receptive to unconventional ideas that will lead us to future discoveries that we cannot imagine today.

Links

DATABASES

OMIM

- **Alzheimer's disease**
- **Amyotrophic lateral sclerosis**
- **Krabbe disease**
- **Parkinson's disease**

Entrez-Gene

- **VEGF**
- **SDF1**
- **EGF**
- **GFAP**
- **IL-1 β**
- **SLIT2**
- **TNF α**
- **GDNF**
- **NGF**
- **IGF1**

FURTHER INFORMATION

- **Clinical trial results, Alzheimer's Disease Education & Referral Center**
- **The official National Institutes of Health resource for stem cell research**

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Author affiliations

1. Franz-Josef Müller, Evan Y. Snyder and Jeanne F. Loring are at the Burnham Institute for Medical Research, La Jolla, California, USA.
2. Franz-Josef Müller is also at the Zentrum für Integrative Psychiatrie, Kiel, Germany.

Correspondence to: Franz-Josef Müller^{1,2} Email: fmueeller@burnham.org

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Review

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International spinal research trust research strategy. III: A discussion

M Adams¹, T Carlstedt², J Cavanagh¹, R N Lemon³, R McKernan⁴, J V Priestley⁵, G Raisman⁶

1. ¹Research Division, ISRT, Bramley Business Centre, Bramley, Guildford, Surrey, UK
2. ²Royal National Orthopaedic Trust, Stanmore, UK
3. ³The Institute of Neurology, Queen Square, London, UK
4. ⁴Pfizer Limited, Sandwich, Kent, UK
5. ⁵Neuroscience Centre, St Bartholomew's and the Royal London School of Medicine and D
6. ⁶Spinal Repair Unit, Institute of Neurology, Queen Square, London, UK
7. ⁷Netherlands Institute for Brain Research, Amsterdam, The Netherlands

Correspondence: RN Lemon, Sobell Department of Neurophysiology, The Institute of Neurolog
3BG, UK

Abstract

Study design:

Discussion document.

Objectives/methods:

To review the Research Strategy of the International Spinal Research Trust (ISRT), which ident
research that are likely to be beneficial in developing potential treatments for spinal cord injury
intended to both guide the programme of research towards areas of priority and stimulate discu
research. This latest document has been developed to take into account the scientific progress in
previous Research Strategy.

Results/discussion:

The latest scientific developments in research designed to repair the spinal cord and restore fun
might impact on spinal cord injury research are highlighted.

Sponsored by:

ISRT.

Keywords:

spinal cord injury, regeneration, ISRT

Introduction

The International Spinal Research Trust (ISRT) is committed to developing treatments to cure spinal cord injury. For over 25 years it has pursued this goal by funding scientific research proposals from basic to clinical research. Recently, it has recognised the need to improve the scientific basis for assessment of spinal cord injury and committed funding to developing such techniques and training scientists in their use. It is intended that these measures will provide a resource for use in clinical trials worldwide, and will enhance the detection and recovery in such trials.

The record of achievement of the ISRT in promoting basic and clinical research leading to potential cures for spinal cord injury is second to none: it is the pre-eminent UK organisation in this area, and funds international research.

Although by no means the largest funding organisation in this area, ISRT is consistently at the forefront and has developed an enviable reputation for 'punching above its weight' compared with larger organisations. The reasons for this is the ISRT Research Strategy, which has been developed by the Scientific Committee to guide its efforts in particular areas of research.

The first ISRT research strategy document was published in by Harper *et al* in 1996,¹ and was replaced by the second research strategy.² These documents established a coherent research strategy by attracting attention in order to achieve the overall objectives of the ISRT – to repair the damaged spinal cord. The strategy documents identify key areas for funding and support, which enables basic and clinical research proposals, and the Scientific Committee and external reviewers to judge each proposal according to the programme of research to be steered towards areas of priority. In addition, the document has provided a framework for the research programme.

The unprecedented success of spinal cord injury research in the past few years has resulted in significant progress in areas not covered by the previous research strategy. Consequently, ISRT have updated this document to reflect the progress.

The following document, which identifies priorities for basic and clinical research in the coming years, should be read in conjunction with, the existing research strategy.² In general, ISRT expects applications to be influenced by and to refer directly to the themes described in this strategy document, but also to explore novel approaches as they are developed.

In addition to promoting experimental and clinical studies, ISRT considers it vital to promote interaction between scientists and clinicians on the merits, risks and scope for interventions in the aftermath of SCI. This should include the use of inflammatory, anti-proliferative, neuroprotective and immunosuppressive drugs. This should include testing capabilities of existing large study groups worldwide, for example, via the International Consortium for the Study of Paralysis (ICCP) Clinical Trials Workshops (<http://www.campaignforcure.org>), the European Clinical Trials Networks (<http://emsci.org>) and the North American Clinical Trials Networks (<http://www.christopherreeve.org/site/c.geIMLP0pGjF/b.1048737/k.322D/NorthAmerica>) with a view to fostering well-founded clinical best practice.

The targets that form the Third ISRT Research Strategy Document reflect current progress in spinal cord injury research.

were highlighted in the earlier Research Strategy, whereas the importance of others has been re previously, overall strategy is divided into two themes: the vertical targets represent experiment capabilities indicate the means by which the vertical targets are likely to be fulfilled.

Vertical targets

- VT1. Early trauma/inflammation and scar tissue
- VT2. Inhibitory and facilitatory influences
- VT3. Guiding regrowth
- VT4. Spared spinal cord cells and fibres
- VT5. Cell- and gene-based therapies
- VT6. Combinatorial therapies
- VT7. Complementary therapies

Horizontal capabilities

- HC1. Animal models
- HC2. Measuring regrowth and restoration of connectivity
- HC3. Clinical trials
- HC4. Collaborative research

Vertical target 1

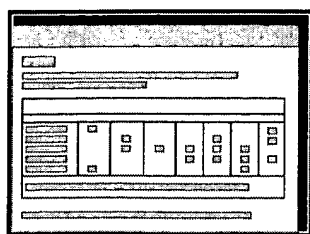
Minimising the deleterious effects of early trauma, inflammation and scar tissue

Much of the post-traumatic tissue damage and subsequent neurological deficits associated with events that are initiated by the original injury. Thus, spinal injuries comprise a primary zone of secondary injury, and neuroprotective strategies that either reduce or prevent the spread of secondary injury are essential for greater recovery of function.^{3, 4, 5} Many of the mechanisms responsible for these secondary problems are still unknown, and further understanding of the detailed molecular and cellular mechanisms involved in early trauma is vital to provide direction for the rational development of therapeutics to minimise secondary injury following injury. This is the rationale behind treatments such as methylprednisolone,⁶ as GM-1 gangliosides (which also promote plasticity)⁷ and newer developments such as the tetra-

Spinal cord injury should not be regarded in isolation. There are similarities in the mechanisms of ischaemic and traumatic brain injuries,⁹ and some potential therapeutics have already been tested in brain injury. The lessons learned from these (relatively unsuccessful) trials should provide valuable information to the spinal injury community regarding clinical trial issues such as the need for controls and careful dose selection. Therefore, in addition to developing new therapies, an important role of the ISRT is to promote collaboration between basic scientists and clinicians, and the critical evaluation of the merits of these existing and potential treatments.

However, because most neuroprotective strategies have not had particularly substantial effects in clinical trials, it is a priority to increase the understanding of cell death after acute spinal injury and the conditions that lead to it (**Table 1**; VT1.1), in order to develop newer, more powerful therapies.

Table 1 - Vertical target 1: Minimising the deleterious effects of early trauma, inflammation and scar tissue


Full table

It remains important to characterise the effects of injury on major spinal cord components, such as white matter, the composition and effects of the glial scar, vascular effects and the role of inflammatory mechanisms of secondary cell death, and the factors that lead to cyst formation (**Table 1**; VT1.1), the contribution of these events to functional deficits (**Table 1**; VT1.2), and to accurately and model the effects of therapeutic agents on spinal cord function and behaviour. It should then be possible to develop models, both by rational mechanistic drug design and by screening drug libraries in appropriate models, it is also necessary to further our understanding of human spinal injury (**Table 1**; VT1.3), markers of early traumatic injury in humans (**Table 1**; VT1.4).

Exclusions and future issues

Work in non-spinal cord models should be explicitly justified. Funding for the acquisition of new models of inflammation etc. outside the spinal cord, for use in SCI research, will be considered under this Horizontal capability 4.

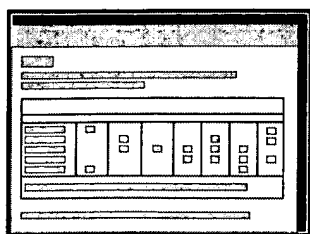
Vertical target 2

Inhibitory and facilitatory molecules

The inhibitory effects of the CNS on axon growth are well documented, as is the ability of peripheral nerve grafts to promote regeneration. The consensus is that there are several possible reasons why peripheral nerve grafts first is that inhibitory cues that are present in the CNS are absent from the PNS. The second is that the CNS contains neurotrophic factors and contain other regeneration-promoting proteins such as cell-surface proteins that promote inhibition. A third possibility is that inhibitors that are present in PNS grafts are localised and promote regeneration. Thus, it is established that chondroitin sulphate proteoglycans (CSPGs), some myelin proteins present in both the PNS and the CNS, but their expression, stability and localisation/cellular distribution. Some types of CNS neurons do not grow into peripheral transplants.¹¹ This may be because of the inhibitory cues in the grafts, or because these CNS neurons are unable to mount an appropriate response of regeneration.

Therefore, research into inhibitory and facilitatory molecules falls into three categories: the discovery of mechanisms of inhibition and facilitation of axon growth (**Table 2**; VT2.1), the production of reagents that either increase inhibition or increase facilitation (**Table 2**; VT2.2), and the investigation of how other approaches, such as cell transplantation, interact with inhibitory/facilitatory molecular mechanisms (**Table 2**; VT2.3).

Table 2 - Vertical Target 2: Research into inhibitory and facilitatory molecules.


Full table

The idea that the presence of inhibitory molecules causes regeneration failure was proposed by culture¹² and then in the injured spinal cord,¹³ on the basis of a molecule present on the surface. This molecule is now known as Nogo. Blocking Nogo promotes either regeneration¹³ or beneficial sp

Nogo is one of several inhibitory molecules that are associated with CNS myelin, with other can glycoprotein and oligodendrocyte myelin glycoprotein. Subsequently, inhibitory molecules of th families have been found to be associated with astrocytes and fibroblasts^{16, 17, 18, 19, 20} and a c these various inhibitory molecules has been described.²¹ It is likely that increased molecular ch inhibitory pathway will help in the development of new therapies.

In addition to the lack of inhibitory molecules, it is proposed that peripheral nerve grafts support secretion of trophic factors. Many studies have shown that growth factors upregulate RAGs and growth,^{22, 23, 24} and genetically modifying transplants to overexpress neurotrophic factors might. Thus, an effective combination that enhances positive factors and reduces negative ones is an at

So far the molecular response to neural injury has been studied mainly at the level of changes in proteins. This has led to the discovery of several molecules that are important in regeneration. 7 projects have identified most human and rodent genes. This enables high-throughput screening proteins, which will be instrumental for elucidating the molecular mechanisms that underlie reg in a more complete picture of the molecular changes that occur in neurons and glial cells after inj of proteomic techniques coupled to web-based databases and data-analysis tools is likely to ider to pinpoint novel targets for pharmacological and cell- and gene-based intervention strategies. (processes that underlie regeneration is still very limited, so incorporating genomic and proteom neuroregeneration research is vital to progress in this field.

Vertical target 3

Guiding regrowth and establishing appropriate connections

Several existing therapies promote the regeneration of injured axons in long, white-matter path being developed to bridge spinal injury sites using synthetic biomaterial implants.^{26, 27} However, special environment that these therapies provide, to cross scar tissue associated with the injury beyond the scar has proved a major problem.

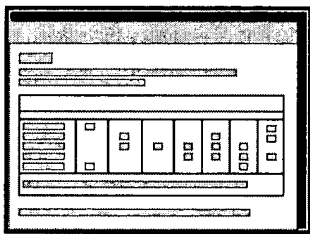
Given that the number of axons that do regenerate and regrow is likely to be small compared with important to understand how fibres behave once they have reconnected with the spinal cord beyond extreme, it might not be necessary to guide regrowing fibres to their appropriate targets if intrinsic CNS can exploit any connectivity to achieve some recovery of function. At the other extreme, new ineffective or even add to secondary problems such as spasticity and increased pain levels. We are factors that guide axons to their eventual target by attraction and repulsion, including factors th

tracts until they descend (or ascend) to the level appropriate to penetrate the grey matter.^{28, 29} matter, ephrins, netrins, semaphorins and related molecules guide axons and regulate midline termination.

It is probable that the main national research funding bodies will continue to invest in this area expanding the 'library' of agents that guide growing and regrowing axons. ISRT should adopt a knowledge into spinal injury studies and promote research into:

- The nature and temporal course of new synaptic connectivity after SCI, using histological (Table 3 ; VT3.2).
- The key guidance/trophic factors – how they are affected by SCI, particularly in regions at (Table 3; VT3.1, VT3.2), and whether their expression can be modified to encourage appropriate (VT3.3).
- The potential of axonal sprouting and synaptic plasticity for regeneration and useful re-innervation.
- The ability of trophic factors to restore axonal growth *per se* and to influence the re-establishment of functional connectivity (Table 3; VT3.4).

Table 3 - Vertical Target 3: Guiding regrowth and establishing appropriate connectivity



Full table

Vertical target 4

Assessing the natural history of SCI and optimising spared spinal cord cells and networks

Except for a few open or penetrating injuries, there is spared spinal cord tissue in most cases of complete SCI. Tissue sparing has important consequences, both in terms of the function of the residual tissue and the potential for plasticity. In animal models, fibres passing through the ventrolateral funiculi, including reticulospinal tracts, are important for functional recovery of hindlimb locomotor function.³¹ In humans, the importance of spared tissue is less clear, while damage to corticospinal fibres has more serious effects.³²

The minimal sparing of white matter, in terms of either area or axonal number, that is compatible with functional recovery in cats,³³ <25% for non-human primates³⁴ and <10% for humans.³⁵ Minimal deliberate movement, such as dorsal and plantar flexion of the foot, has been reported in humans with only 3.5–10% of corticospinal tracts spared.³⁵ The idea that a limited number of nerve fibres is sufficient for function has encouraged the formulation of the belief that a few new axons that cross the lesion site and connect somewhere can lead to functional recovery.

After total spinal cord transection in laboratory animals, weight-supported, unassisted stepping circuitry below the level of the transection, without supraspinal control.¹¹ This is not the case in humans, where motorneurons pools can be activated by proprioceptive sensory inputs generated by treadmill exercise. In cases of incomplete SCI,³⁶ The surviving supraspinal motor input to the spinal cord is insufficient for functional recovery.

muscles of a single joint or to simultaneously inhibit antagonist muscles, which indicates that v partially related to function.³⁷ After complete SCI, it appears that local, segmental, propriocept generate patterned muscle activity, but not in a sustained manner.^{36, 38}

In animals and humans, plasticity in the motor systems has been shown at different levels from Erroneous connections made after an injury persist for many years.^{40, 41} Early after the injury 1 that might be occupied by either inappropriate supraspinal tract axons or local interneurons. Th the development and establishment of aberrant reflexes that might be counterproductive in eith function, for example, spasticity or aberrant reflexes. In addition, the occupation of these sites b might prevent appropriate regenerating fibre systems reconnecting to the right circuits. One wa specific neuromodulatory treatments. The development of techniques that maintain the neuron as far as possible within its 'normal' state, and thereby prepare this tissue for successful interven

Plasticity in the sensory systems, such as collateral sprouting, is well known and might account of sensation below the level of the lesion and the development of neuropathic pain. Imaging stu sensation after SCI is accompanied by reorganisation of the somato-sensory cortex.^{42, 43} Howe explain referred sensation from the viscera perceived in deafferentated areas. Nevertheless, larg other CNS sites such as thalamus, brain stem, cuneate nucleus and spinal cord.^{44, 45, 46, 47} Thi pre-existing connections⁴⁸ and actual axonal sprouting.⁴⁹ To achieve functional recovery of sei considered include manipulating the biological environment to promote regeneration and funct strategies that increase reorganisation in the CNS.

It is important to define the structure and function of the remaining spinal cord tissue (**Table 4** enhance its functional capacity most effectively (**Table 4**; VT4.2, VT4.3). The clinical consequ and below the lesion site compared with damage to long fibre systems remains to be establish treatments that are designed to replace lost neurons are to be considered alongside those that le Even if nonfunctional, remaining tissue might have a valuable role in the effects of future interv as a scaffold for new growth.

Table 4 - Vertical target 4: Assessing the natural history of SCI and optimising spa fibres.

Full table

Vertical target 5

Cell- and gene-based therapies

Since the last strategy review in 2000,² major progress has been made in the areas of cell and g includes grafting with fully differentiated tissue such as peripheral nerves, inflammatory system macrophages, CNS-resident cells such as oligodendrocytes and olfactory ensheathing cells, and Stem cells are attractive theoretically because it is envisioned that they will respond to cues and

organ systems, such as the foetal liver following injury and adult heart tissue after cardiac infarct. Embryonic stem cells are less appropriate because they can develop into cancerous teratomas. Tissue of both foetal and adult neural origin are preferred currently. Gene-based therapies where a therapeutic gene is expressed directly in the injured spinal cord or neural transplants are gene transplantation.

Cell-based therapies

Cell-based therapies might act in several, distinct ways: (i) as a potential source of either trophic factors to improve the function of pre-existing spinal cord neurons; (ii) transplanted stem cells might develop into myelinating cells to remyelinate regenerating axons; (iii) transplanted stem cells might develop into functional spinal cord neurons to replace those damaged by injury; and (iv) transplanted cells can serve as a substrate to support axonal growth. The mechanisms predominate in studies that have reported restoration of spinal cord function and the different cell types act in different ways. The use of cells as a source of multiple trophic factors to provide the environment for neuronal regeneration impacts on Vertical targets 2–4.

There has been some work to identify the cell types that are generated *in vivo* after stem cell transplantation. Undifferentiated, neurospheres in culture can generate all types of neural cell. However, although they survive when grafted into the rat spinal cord, they only differentiate into astro- and oligodendrocytes. The adult spinal cord provides the molecular cues for glial, but not neuronal, differentiation.⁵⁰ Current procedures for differentiating, isolating and transplanting them need to be perfected. Disappointingly, transplanting neural stem cells leads to an increase in pain levels (allodynia), which is associated with the spinal cord. However, forcing stem cells into a distinct lineage before transplantation avoids this outcome.⁵² The benefits of grafting differentiated, purified cells require further study. These data suggest that preclinical studies should specifically examine the adverse effects of cell therapies.

Cell-based therapies require that the cells are readily obtainable, easy to expand and bank, and that they provide sufficient and appropriate axonal repair. Until large-scale, well-characterised adult and differentiated stem cells are available, bone marrow mesenchymal stem cells (MSCs) are an attractive source that allows autologous transplantation where the subject receives their own bone marrow. Transplanted unpurified MSCs improve remyelination after spinal cord injury, and several studies achieve modest functional recovery.^{54, 55, 56} Differentiated Schwann cells might further improve the outcome,⁵⁷ as might selection of MSCs from differentiated progenitors to produce similarly effective cells, presumably because of the repertoire of cytokines and modulators.

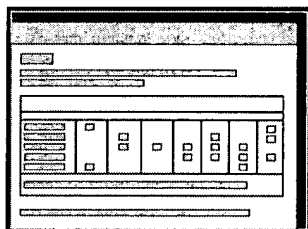
An alternative source of adult transplantable cells with repair potential are olfactory ensheathing cells generated from cultures of primary olfactory tissue: although both are essential for the reparative relationship of the two cell types is not fully understood.⁶⁰ Olfactory ensheathing cells encourage axonal growth. However, they are likely to be more effective when combined with other treatments (see vertical targets). Inhibitory cues of the scar tissue with chondroitinase ABC and providing a Schwann cell bridge. Olfactory ensheathing cells promotes greater functional recovery in a rat model than these treatments and

Gene therapy

The first viral vectors used to express a therapeutic gene in the nervous system were imperfect b response. These problems inspired the development of improved 'minimal' vectors based on ad These viral vectors carry a transgene under a strong viral or cellular promotor, but are virtually Adeno-associated viral-vector-mediated expression of neurotrophins has been successful in res root avulsion and reversing atrophy of chronically lesioned rubrospinal neurons.^{62, 63} In additi gene transfer, cellular transplants have been genetically modified *ex vivo* before transplantatio guides. The steady advances made in combining new viral vector systems with a range of promi holds fascinating perspectives for the development of new spinal cord repair strategies (reviewe

Although there has been much progress in the area of cell therapy, significant questions remain in gene therapy are: (i) how to enhance the level of expression of the transgene; (ii) control of th (iii) the difficulty in predicting and controlling the cell types that are transduced, and some cells then others (eg scar tissue can hardly be transduced for, as yet, unknown reasons); and (iv) the and dominant-negative proteins to overcome local action of inhibitory proteins is in its infancy. powerful technique that might be used to overcome inhibition and to enhance the expression of

Table 5 - Vertical target 5: Cell- and gene-based therapies.



Full table

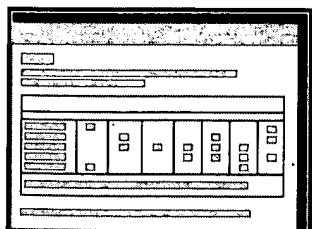
Vertical target 6

Combining therapies

Several independent mechanisms contribute to the outcome of SCI. Therefore, it seems reasona are directed at one specific injury mechanism are likely to have limited overall efficacy, and that might achieve a greater benefit and increase recovery.⁶¹ Some published studies have combined plasticity-promoting drugs to provide proof-of-principle of this concept. It is likely that more eff and combination therapy is likely to be a cornerstone of future strategies following SCI. Howeve between different interactions, interpreting the effect of combining potential treatments require

The potential complementarity of different therapies is crucial, and funding will only be conside cogent case for combining individual approaches (**Table 6**).

Table 6 - Vertical Target 6: Combining therapies.



Full table

Vertical target 7

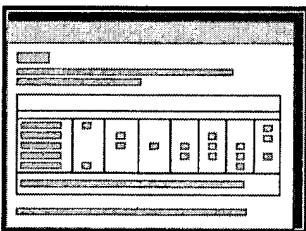
The complementary role of different forms of electrotherapy for recovery of function after SCI

The aims of ISRT is to develop a long-term, effective treatment for SCI, based on better understanding of neurobiological mechanisms of injury and repair. Originally, therefore, functional electrical stimulation, electrotherapy and intensive physiotherapy were not considered central to the research strategy. However, it is clear that, in addition to the research strategy, the research strategy should involve actual repair of the injury. However, in the past few years ISRT and the SCI community have moved to a new position.

The primary purpose of FES is to activate paralysed groups of muscles; for example, FES implants for control and to assist standing, locomotion and hand grasp. However, it is clear that, in addition to the primary purpose, FES also has long-term 'secondary' effects on central sensorimotor mechanisms^{65, 66} that affect plasticity of surviving fibres to make a greater contribution (see Vertical target 4).

A related point is that the development of the normal spinal cord and, probably, regeneration of the spinal cord, at least in part, activity-dependent processes; electrotherapy methods can be used to promote neuroplasticity, which cannot be generated voluntarily by the patient. Finally, we know that activity in the spinal cord above the level of the spinal injury, including the cerebral motor areas, cerebellum and basal ganglia, can be affected by SCI and show different patterns during both attempted and imagined movements. Thus, FES, and other forms of electrotherapy might all complement other, more invasive therapies and boost therapeutic effectiveness (Table 7).

Table 7 - Vertical target 7: The complementary role of different forms of electrotherapy for recovery of function after SCI.



Full table

Some forms of FES are invasive (eg sacral or lumbar root stimulators and intraspinal microstimulation). Some individuals refuse such implants because they expect a more permanent cure to be developed in the future, or because of the chances of inclusion in future trials and treatment.

Given that the principal aim of ISRT is a long-term treatment that provides effective repair of SCI, what are the development of FES and other electrotherapeutic approaches? ISRT should promote research in

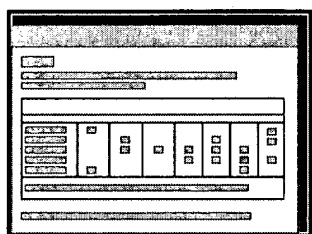
- Approaches that demonstrate the complementary role of FES in improving outcome of other treatments for activity-dependent plasticity.
- Studies to determine the extent to which defined FES paradigms improve real-world tasks in individuals with SCI.
- The use of noninvasive methods that offer clear prospects of functional recovery, especially central activity-dependent plasticity.
- Improved outcome measures to assess functional improvements provoked by noninvasive FES.
- The development of long-term, stable, electrotherapy techniques that complement other treatments.

Horizontal capability 1

Animal models

Effective experimental models are crucial for understanding the basic biology of SCI and developing treatments (Table 8). Two common approaches are to use (i) a model that aims to mimic as closely as possible clinically (ie contusion injuries), and (ii) a model in which specific tracts or pathways are lesioned to study a particular system to injury and its capacity for regeneration. Both approaches have their benefits and treatments should be evaluated in both before they are developed for use in humans. Transected animal injury model, whereas contusion represents the typical injury mechanism in humans. A contusion model, which greatly exceeds the extent of neuronal damage in the transected spinal cord. At the level of the lesion, loss of alpha-motoneurons and roots associated with spinal cord contusion is little addressed in the transected model (Vertical target 4), it has direct implications for rehabilitation strategies and functional outcome. The extent of degradation of neuronal function below the level of lesion in chronic, complete SCI.³⁸ The need for a regeneration-inducing therapy needs to be evaluated. In addition, the prerequisites to facilitate regenerating tract fibres and to maintain neuronal function in the postacute stage have still to be

Table 8 - Horizontal capability 1: Animal models.



Full table

Although the majority of SCI studies to date have involved rats, genomic approaches are carried out in mice. The development of a mouse model of SCI had priority in the 2nd ISRT strategy document.² Now the use of knockout and transgenic mice is likely to provide insights into the molecular components of SCI.

In each laboratory species used, the requirements of an animal model are that it is quantitative, permanent records that are open and available to other researchers. The results obtained with a model should be reproducible when used independently by other research teams.

Ideally, experiments should have a sequential design that includes:

- Longitudinal observation of the behaviour in normal animals to establish the level of variability and to stabilise learning curves.
- Longitudinal observations of the same parameters after lesion to establish the degree of variation from the natural history and evolution of postlesional changes that occur without any intervention.
- The therapeutic intervention should be applied only when the postlesional situation is stable and a baseline assessment carried out as above.
- Variation must be related to the normal population variation. Postlesional variation should be related to the lesion because animals cannot be assumed to be uniform, and correlation with the lesion histology, the extent and location of the lesions that are associated with specific effects. In addition, posttherapeutic assessment of individual variation in histological parameters of recovery (eg number of fibres regenerating) should give valuable additional information.

Horizontal capability 2

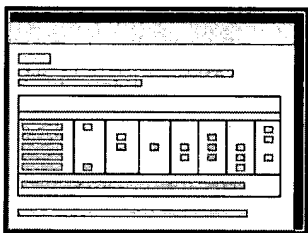
Developing methods to measure regrowth and restoration of function

The ability to determine accurately the extent of anatomical regeneration, physiological connect crucial for identifying a successful repair strategy. The current lack of reliable assessments of th spontaneous and treatment-induced recovery in laboratory animals and humans are fundament and potential clinical trials for SCI (see Vertical target 4).

The American Spinal Injuries Association (ASIA) score is not always fully reliable. For example, workers^{67, 68} demonstrate that some patients who are classified as ASIA A (complete SCI) can EMG with pudendo-anal reflex (PAR). This sacral reflex is modulated by either voluntary or sup measure of spinal cord injury.⁶⁹ Measuring improvements in the PAR and similar systems migl progressive, postinjury changes in function, and outcome measures for future interventional tre

Methods to detect the partial preservation of long fibre tracts are also needed because present t unable to detect subtle neurological improvements. Assessments that reflect the whole clinical p spasticity, are also needed (**Table 9**). Although spasticity is useful for some abilities such as tra functional outcome for the patient.

Table 9 - Horizontal capability 2: Developing methods for measuring regrowth and



Full table

To some extent neurophysiological and functional assessments can differentiate between the co compensation, neuronal plasticity and regeneration to improvement of function following SCI.⁷ in particular, should give information about the impact of any new interventional therapy on th and of the peripheral nervous system.

Most patients recover significant function without intervention, and deterioration of SCI patient uncommon.⁷¹ For example, most quadriplegic patients recover one spinal level of motor functio SCI, it is difficult to predict the preservation of discrete longitudinal fibre tracts and the likeliho of sensory and motor function. Difficulty in distinguishing between post-treatment improvemen might occur without intervention creates potential problems for interpreting the results of clinic new techniques are needed to assess more effectively spinal cord tissue that is spared after clinic and to predict accurately any spontaneous recovery of function³⁷ (**Table 9**). Collection at multi physiological data mapping the natural history of changes in function in the period immediately

Imaging the site of injury, for example, by MRI can indicate continuity across a lesion but does not functional. Currently, electrophysiological assessments of sensory and motor tract function (eg : indicate the presence of large, myelinated fibres in the dorsal columns but not finer fibres in, for and recovering or remyelinating fibres. Therefore, ways to identify different fibre tracts are need electrodes, which recognise unique patterns of activity in discrete fibre tracts. Functional imagin

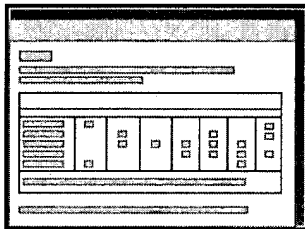
developed, and it is likely that the combination of functional imaging with selective stimulation pathways through, for example, contact-heat-evoked-potential stimulation of C and A delta fibre analysis of baseline and functional improvements from interventions.

Horizontal capability 3

Clinical trials

The many issues that surround optimisation of Clinical Trials of SCI treatments were discussed Clinical Trials Workshop on SCI.⁷³ Many SCI and other relevant (eg regulatory) communities with standards and guidelines for valid clinical trials could be developed and broadly accepted. One establishment of a working group to bring forward detailed guidelines on how to develop clinical trials in an effective manner. Clearly, several of the issues relate to the adequacy of the animal model that is used to launch a clinical trial⁷⁴ (**Table 10** and Horizontal capability 1).

Table 10 - Horizontal capability 3: Clinical trials.



Full table

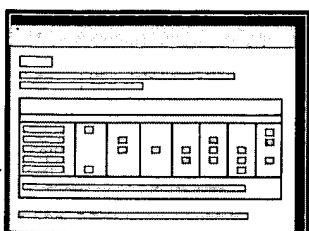
As a more general consideration, Research Governance applies to all who fund research proposals, research, and host research in their organisation. This is the process that sets standards and defines these, requires monitoring and assessment, and improves research quality and safeguards the public interest. It promotes scientific quality, promoting good practice, and preventing poor performance and misconduct. At the highest clinical standards, ISRT must ensure that its governance structures are appropriate to a research Strategy.

Horizontal capability 4

Promoting collaborative research

The complexity of SCI in humans is such that multidisciplinary approaches are needed to understand and develop therapies to treat it. It is generally accepted that there is a need to continue to improve communication and collaboration between those involved in spinal cord injury research. Therefore, ISRT regards collaboration as one of the keys to success. To this end, it encourages collaborations between the researchers it funds, both clinical and basic.

Table 11 - Horizontal capability 4: Promoting collaborative research.



Full table

It is important for scientists to understand the general and specific problems associated with SCI. It might be necessary to foster the training and career progression of a new 'breed' of clinical scientists for clinical trials in SCI. Such individuals should be familiar with basic science and have clinical knowledge of the design, execution and evaluation of clinical trials. They should also be able to evaluate research of SCI patients and other clinicians. This is important because what might appear to be an exciting idea might have limited potential for translation to the clinic because of gaps in understanding between basic and clinical scientists and clinicians.

A single centre where different experts, such as basic and clinical scientists and clinicians who work together, is probably most effective. From such a hub, a spoke organisation should be established to exchange ideas and compounds with other units, and to coordinate with other centres to enable sufficient patients to be recruited over time.

In addition, collaboration between basic researchers and clinicians should help to evaluate the complexity of complete SCI and, consequently, to better understand neuronal plasticity and degradation. This involves understanding the different factors in determining the severity of functional loss after SCI, such as demyelination site, and link them to therapeutic approaches. An example might be the maintenance of neuronal function in specific, early-onset, functional training.^{75, 76}

Contacts or collaborations outside SCI research should also be encouraged to make use of existing knowledge and treatments and to ensure that mistakes are not repeated. For example, knowledge on the use of more advanced techniques in other areas of research such as haematology and cardiology, and this should be encouraged.

Collaborations with industry should be encouraged, both for support and as a source of new drugs, as a means of promoting international meetings where a wide spectrum of different aspects of SCI research can be discussed.

Conclusions

This latest Research Strategy from the ISRT builds on the previously published strategies^{1, 2} by incorporating recent advances in basic and clinical research that are relevant to restoration of function following SCI. By experience, identifying individual themes of basic and clinical research enables ISRT to focus research on areas that would benefit from particular attention, and targeting specific research areas in this way maximises the effects of the available funding. As a research-based charity, ISRT intends to grant funding directly by the themes described in this strategy document. However, this is not to say that other areas of research should be considered should there be sufficiently strong evidence of their potential.

In keeping with the policy of promoting debate between all interested parties, another purpose of this Strategy is to stimulate discussion of the relative merits of the themes and approaches that are covered. The Strategy is deliberately wide-ranging and inclusive with respect to the themes described, and individual views on these approaches are likely to differ. By promoting this discussion, ISRT hopes to encourage dialogue between patients and other interest groups about the many issues that are involved in developing and validating new therapeutic advances in the near future.

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Poulsen DJ; Harrop JS; During MJ

University of Montana, Department of Pharmaceutical Sciences, Missoula 59812-1552, USA.

Poulsen@selway.umt.edu.

An incomplete understanding of the pathological processes involved in neurodegeneration and dysfunction of spinal cord injuries and diseases makes these disorders difficult to treat. Repair of damaged or genetically impaired spinal cord also has been limited by the complexity, cellular heterogeneity, and relative inaccessibility of the tissue. Thus, therapeutic options for the treatment of either chronic spinal cord diseases such as amyotrophic lateral sclerosis or acute spinal cord injuries have been rather limited. Potential new therapeutic targets are being identified as our understanding of the molecular pathology involved in neural injury and regeneration increases. Recent advances in gene transfer techniques have made gene therapy a more realistic and viable strategy for the treatment of a broad range of spinal cord disorders. This review summarizes the current state of knowledge regarding the limitations and recent advances in gene therapy and potential application of this technology toward spinal cord injury and disease.

[This message was edited by Wise Young on May 04, 2002 at 12:09 PM.]

Wise Young

04-24-2002, 03:36 PM

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perry

04-24-2002, 04:09 PM

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perry

Wise Young

04-25-2002, 10:02 AM

Perry, in spinal cord injury, there are two issues. The first is identification of beneficial (and deleterious) gene expression that can and should be manipulated in order to improve recovery, regeneration, remyelination. There are currently many laboratories systematically studying animal spinal cord injury models to identify regeneration-associated genes (RAGs), pain-associated genes (PAGs), neuroprotection-associated genes (NAGs), myelination-associated genes (MAGs), etc. Once identified, the expression of these genes can then be boosted or blocked in the spinal cord.

The second issue is the mechanism of changing gene expression. Gene therapy today is being carried out in several ways:

- Transgenic - the genes of an egg or sperm are modified and the subsequent organism then has a knockout (deleted), knockin (inserted), or dominant negative (an interfering gene) added. This is currently not an option for adult.
- In vivo transfection - the gene is inserted into certain cells by virus, liposomes, or other vectors. The viral

method is the most efficient and popular at the present but got into trouble recently, particularly adenovirus (the common cold virus), because it initiated fatal inflammation in one patient (Jesse Gelsinger). Many companies have touted other non-viral means of inserting genes that are generally less efficient but presumably safer.

- Ex vivo transfection and implantation of transfected cell - specifically cells can be removed from the body, transfected so that they express certain gene products, and then implanted back into the body. Actually, the first use of this technology in the CNS was for spinal cord injury (Tuszynski, et al.)

An alternative and growing approach to manipulating gene expression is with drugs. A large number of drugs and factors are known to turn off and on certain genes. For example, the tetracycline antibiotics are known to turn on certain genes. Likewise, there are many so-called nuclear factors that go into a cell and turn on genes, i.e. NF-kappa B is the factor that turns on inflammatory genes.

There is really no magic about gene expression. We just have much more powerful tools that allow us to measure and manipulate gene expression. So, once we know which genes we want to turn on and which to turn off or modulate, it can and will be done. Unfortunately, as a recent report in the Wall Street Journal suggests, the human genome project has not yielded a huge number of treatments for the pharmaceutical industry.

Despite massive investments, the number of drugs that have been approved by the FDA has fallen in the past three years compared to previous years. The reason is that people were expecting knowledge of the human gene to produce new drugs. They had not realized that the knowledge has produced the possibility of many drugs but the same amount of work and information must be gathered about each candidate drug before it can be successfully taken to clinical trial. Thus, the investment did not reduce the expense or time in developing the drugs. It just increased the number of potential drug candidates.

One of the most interesting outcomes of the human genome project is that it has shown us how similar humans are to other animals. I suspect that primate experiments will not be essential for moving all therapies into clinical trials. Scientists are working very hard to develop surrogate measures, using human cell cultures (stem cells, etc.) that allow testing of therapies without doing as many large animal experiments. Of course, the FDA continues to require large animal safety (toxicity) studies before clinical trial but every effort is being made to reduce the number of animals required.

Wise.

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☐ 1: Clin Neurosci. 1995-1996;3(5):268-74.

Links

Ex vivo gene therapy for Alzheimer's disease and spinal cord injury.

Blesch A, Tuszynski M.

Department of Neurosciences-0608, University of California-San Diego, La Jolla 92093-0608, USA.

Gene transfer is a potential means of treating chronic neurologic disorders and injury related neural degeneration. One approach for transferring genes to the CNS is to genetically modify cells in vitro and then transplant the cells to the CNS. For example, fibroblasts can be infected with a replication-defective retrovirus expressing a transgene, and can then be transplanted into the brain or spinal cord, thereby providing neurotrophic factors and substrates for axonal growth and elongation. In this review we discuss the grafting of neurotrophic factor secreting autologous fibroblasts in the rat and primate CNS. NGF secreting grafts have been shown to prevent degeneration of cholinergic neurons in the basal forebrain of primates and to induce sprouting of sensory, motor, and noradrenergic neurites after spinal cord injury. These results suggest the potential usefulness of ex vivo gene transfer for the treatment of Alzheimer's disease and spinal cord injury.

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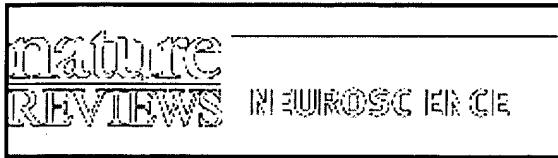
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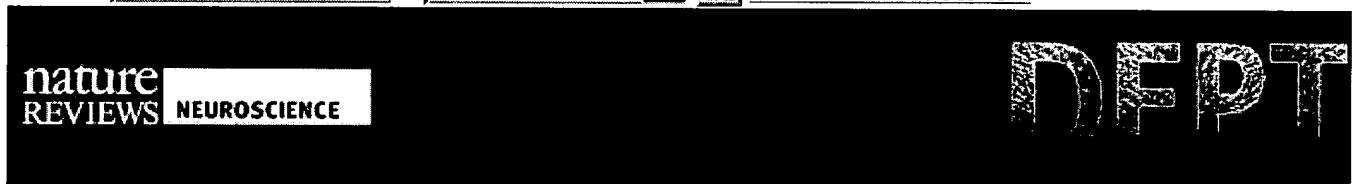


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Therapeutic interventions after spinal cord injury

Sandrine Thuret^{1,4}, Lawrence D. F. Moon^{2,4} and Fred H. Gage³ [About the authors](#)

Abstract

Spinal cord injury (SCI) can lead to paraplegia or quadriplegia. Although there are no fully restorative rehabilitative, cellular and molecular therapies have been tested in animal models. Many of these clinical trials. Here, we review these potential therapies, with an emphasis on the need for reproducible efficacy. Individual therapies are unlikely to provide a panacea. Rather, we predict that combining

improvements in outcome after SCI. Basic scientific research should provide a rational basis for clinical therapies to different types of SCI.

- View **At a Glance**

Worldwide, an estimated 2.5 million people live with spinal cord injury (SCI), with more than 1: year (see **International Campaign for Cures of Spinal Cord Injury Paralysis** in Online restorative therapies for SCI as yet and so prevention (for example, effective seat belts, weapons the best medicine (see **Foundation for Spinal Cord Injury Prevention, Care and Cure** in significant impact on quality of life, life expectancy and economic burden, with considerable cost loss of income. In one study, quadriplegics ranked recovery of arm and hand function as a prior recovery of sexual function as most important (when measured against recovery of bladder/bowel **autonomic dysreflexia**, improving walking movements and trunk stability, regaining normal pain)¹. Therapies addressing these and other important priorities (such as recovery of cardiovascular, skeletomuscular properties, and reducing spasticity) have been reviewed elsewhere^{2, 3, 4, 5, 6}. Limb function, which is the focus of most ongoing animal studies and clinical trials for treatment

To identify therapies that are unambiguously safe and effective, the scientific and clinical SCI community that preclinical studies be reproduced by independent laboratories, and that clinical trials have include an a priori unambiguous definition of primary outcome measures and any intended stratification methods that are sensitive enough to detect potentially small increments in function^{7, 8, 9}. Several have been evaluated independently under contractual arrangements between the National Institute of Neurological Disorders and Stroke (NINDS) and several Facilities of Research Excellence for SCI (FORE-SCI; see NINDS Facilities of Research Excellence for SCI in Online links box), including the Miami Project to Cure Paralysis and the Reeve–Irvine Study of Spinal Cord Injury. For information on clinical trials, readers are directed to governmental and international consensus documents on how US Food and Drug Administration regulatory processes relate to the standing of one SCI drug¹⁰. **translating promising strategies for spinal cord injury therapy** in Online links box)¹⁰.

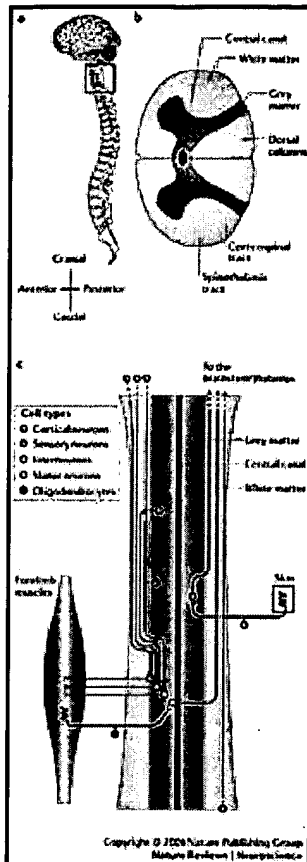
Here, we stress various cellular and molecular strategies that are supported by more than one preclinical study and that result in functional improvements after SCI; many of these strategies have reached, or are being tested, in clinical trials. Some of the potential therapies described below might produce only small improvements, and a combination of therapies may be needed to improve everyday quality of life. Speciality journals and general audience media need to convey the safety and efficacy of potential therapies to avoid raising and then dashing the hopes of those with SCI, government, those carrying out research, or the general public.

Endogenous response to SCI

The normal architecture of the human spinal cord (**Fig. 1**) can be radically disrupted by injury. The outcome^{13, 14} and can result from contusion, compression, penetration or maceration of the spinal cord, including neurons, oligodendrocytes, astrocytes and precursor cells¹⁵ (**Fig. 2**), and any reorganization that interrupts descending and ascending axonal tracts, although circumferential white matter is often spared. In the spinal cord, additional structure and function are lost through active secondary processes (further damage to oligodendrocytes and loss of myelin¹⁶). Demyelinated axons are observed up to a decade after injury, and some of which these axons survive unmyelinated or become remyelinated by central or peripheral myelin sheaths¹⁷. Resident and invading inflammatory cells (including neutrophils, microglia, macrophages) play a wide range of destructive and reparative roles¹⁹. SCI culminates in glial scarring, a multifactorial process involving astrocytes, glial progenitors, microglia and macrophages^{20, 21}, fibroblasts and Schwann cells¹⁷.

perpendicular to the neuraxis and appears impenetrable. The scar also contains secreted and trapped axon growth^{23, 24}. Progressive expansion of the injury across more than one segment (syringomyelia) over months or years, sometimes proving fatal.

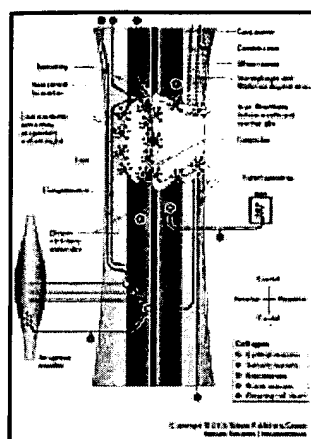
Figure 1 | Intact spinal cord.



a | Schematic showing a sagittal view through the human CNS. b | Transverse section through the spinal cord showing the relationship between axonal tracts and grey matter. c | Cortical, brainstem and spinal axons project through the white matter of the spinal cord, which in turn send axons through the PNS to target organs, including muscle. Primary sensory axons enter through the dorsal roots to second order sensory neurons in the CNS grey matter, which, in turn, send axons through the dorsal columns to supraspinal regions. Oligodendrocytes myelinate ascending and descending axons.

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Figure 2 | Spinal cord after injury.



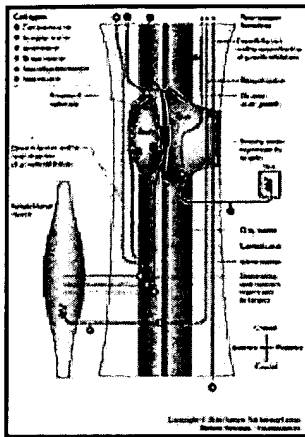
Schematic showing a sagittal view through a region of cervical spinal cord injury (SCI), depicting different types of injury. Many cells die immediately, as well as progressively, after SCI. Cysts usually form after penetrating injury, cells from the PNS often invade the injury site to form a connective tissue scar composed of astrocytes, oligodendrocytes, and microglia. Many ascending and descending axons are interrupted and fail to regenerate. Some axons form new circuits with motor neurons via interneurons. At the site of cyst formation, cysts are formed from ependymal cells. Disconnected myelinated axon segments are phagocytosed and myelin debris is cleared. Spontaneous remyelination occurs, largely by PNS Schwann cells, whereas denervated (non-spinal) axons do not remyelinate.

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In contrast to these destructive events, commonly observed pathological features do indicate some degree of recovery (Fig. 2). Whereas there is little or no neurogenesis in the injured spinal cord, proliferation in the ventral horn generates new precursor cells that exclusively differentiate into glial cells^{15, 26, 27, 28}. Lignified lesions might even be spanned by trabeculae containing axon sprouts^{25, 29}. Sprouting is largely regulated by growth-inhibitory molecular factors^{24, 30}, and few axons regenerate over long distances back to their original targets. However, cortical, brainstem and spinal plasticity occur that could contribute to limited compensatory reorganization. At the cortical level, circuits can bypass the lesion, including sprouting of injured corticospinal axons onto spared, lower motor neurons that increase connectivity with lumbar motor neurons^{33, 34}. Cortical sensorimotor areas can functionally compensate at the subcortical level, the rubrospinal system can reorganize and compensate for much of the function lost to injury³¹.

Therefore, although there is some spontaneous repair after CNS injury, it is incomplete. Further combination of effective and safe therapeutic interventions (**Fig. 3**).

Figure 3 | Injured spinal cord after combination treatments.



Schematic showing a sagittal view through injured cervical spinal cord after a hypothetical contusion. The injured area is filled by vascularized grafts and trabeculae are spared. Grafts provide remyelinating cells, and in intact spinal cord are neutralized using antibodies, peptides or enzymes. Grafted relay circuits or the regeneration of injured axons back to their original targets. Furthermore, re-synapses to be stabilized and reverses muscle atrophy.

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Cellular therapeutic interventions

Cellular transplantation after SCI has several aims: to bridge any cysts or cavities; to replace dead neurons or myelinating cells); and to create a favourable environment for axon regeneration.

Transplantation of peripheral nerve. After SCI in adult rats, **autologous transplants** (support ingrowth of various axonal types but not supraspinal axons³⁵. Peripheral nerve grafts v therapies (including anti-inflammatory drugs, vertebral wiring, fibrin glue and acidic fibroblast with regeneration of supraspinal axons into, through and beyond grafts^{36, 37, 38, 39}.

A similar strategy has been tested in non-human primates after lateral spinal hemisection⁴⁰. No axons were detected but some spinal axons were found to have regenerated 4 months after injury. This approach has been used in chronic, incomplete human SCI, with one peer-reviewed report of limited functional recovery in 10 patients and 10 control patients were investigated⁴¹. Anecdotally, this strategy has not proved successful in people with SCI. Much work remains to be done to determine whether therapies that involve peripheral nerve grafts can effectively improve outcome after human SCI.

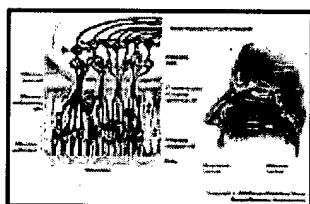
Transplantation of Schwann cells. Schwann cells from peripheral nerves have been transplanted into injured nerves, either being injected as suspensions after contusion injury⁴² or implanted into channels containing either hemisection⁴³ or complete transection⁴⁴. After transection and implantation of Schwann cells, axons near the grafts extend into these bridge grafts, become myelinated⁴⁴ and are electrophysiologically active. In contrast, axons do not leave grafts distally to reinnervate the host. After contusion and implantation of Schwann cells, sensory and spinal axons extend into grafts, and many are remyelinated⁴². Recovery of hind-

some⁴², but not all⁴⁶, studies. Consequently, combination therapies have been evaluated. After regeneration of CNS axons beyond bridges has been reported in response to transplantation of Δ delivery of neurotrophins^{47, 48}, a steroid (methylprednisolone sodium succinate)⁴⁹ or olfactory

Human Schwann cells have also been transplanted into the transected spinal cord of rats with a rats, brainstem axons regenerated into grafts and spinal axons regenerated distal to grafts. Function reported, although weight-supported stepping was observed in only one rat⁵¹. Finding the most combination therapy involving Schwann cells remains crucial. One important step towards human safety and efficacy of transplanting autologous Schwann cells into non-human primates after SCI has been no peer-reviewed reports of clinical trials involving the transplantation of Schwann cells at

Transplantation of olfactory nervous system cells. Cells from the embryonic and adult have been transplanted after SCI. Indeed, porcine, primate and human cells are now being tested in models of SCI and demyelination^{53, 54, 55, 56, 57}. Functional recovery and/or CNS axon regeneration of olfactory nervous system-derived cells are transplanted immediately or up to 2 months after SCI^{64, 65}. After lateral cervical hemisection in adult rats, injection of cells from the olfactory bulb led to functional recovery and enhanced performance on a climbing task⁵⁸. These transplants might also prevent SCI and may enhance myelination after SCI⁶⁸, although whether OEG directly myelinate axons after SCI is unclear. Transplants of cells from the olfactory nervous system do not, however, promote CNS axon regeneration under all circumstances^{42, 67, 70, 71}. FORE-SCI re-assessment of delayed transplantation of olfactory bulb after transection of adult rat spinal cord failed to find any improvement in hindlimb function, although some recovery was found in caudal spinal cord tissue⁷².

Figure 4 | The olfactory nervous system.



Schematic of a sagittal section through the human head, showing the olfactory nervous system (main diagram) and the olfactory nervous system depicted in greater detail (inset). Stem cells at the base of the olfactory epithelium neurons throughout life, which extend axons de novo to the olfactory bulb. These axons are wrapped in myelin as they pass through the lamina propria from olfactory mucosa and into the CNS via the cribriform plate. permission, from Ref. 275 © (1996) TM Higher Education Group.

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Transplants of cells derived from fetal olfactory bulbs or the adult mucosa have reportedly been used in over 400 humans in China, Portugal and Colombia^{8, 73, 74}. Many procedures do not meet international standards, and, because controls are not included and comprehensive follow-up studies have not been performed, the safety and efficacy of this intervention, although there are reports of improvements in motor and

independent case report describes rapid segmental improvement in a single patient classified as according to the American Spinal Injury Association (ASIA) Impairment Scale (**Box 1**) — who is quadriplegic⁷⁵. An additional seven patients have been independently assessed pre- and post-op (including meningitis), and no clinically useful improvements, being observed. The view was to recommend this procedure to patients⁷⁴.

Box 1 | The ASIA Impairment Scale

- **Full box**

Elsewhere, formal veterinary and human clinical trials using cells derived from the adult olfactory bulb are advancing. SCI in dogs often occurs as a result of road traffic accidents or intravertebral disc extrusion. To test potential therapeutics in a large, heterogeneous patient population with variable injury severity, olfactory bulb have been transplanted autologously into nine dogs after naturally occurring thoracolumbar events up to 2 years later⁷⁶. Some hindlimb function was recovered (including weight-supportive gait), and controls and blind testing are required in future trials.

In one **Phase I clinical trial** in humans, cells were collected from the adult human lamina propria and transplanted into the spinal cord of three patients with thoracic injuries that had occurred at least 6 months prior. Controls were included. No adverse consequences were reported in these patients after 1 year, and no neurological assessment were reported: a 3-year follow-up study is planned. A large number of patients and sensitive testing will be required to rule out the possibility that functional tissue has been derived from complete patients, particularly before applying this therapy to incomplete injuries.

It is necessary to establish whether there are conditions under which transplantation of cells from the olfactory bulb works reproducibly to promote plasticity, regeneration, remyelination, neuroprotection and/or resolution of issues to be resolved include the optimal source of cells (lamina propria versus olfactory bulb), and graft strategy (for example, injection of suspensions or transfer within cellular matrix). It will be necessary to determine whether enriching cultures for specific phenotypes of cells improves outcome^{58, 69, 78, 79}.

Transplantation of embryonic CNS tissue. After spinal cord transection in animal models, axons grow into the lesion site, a small number of host axons regenerate into the transplant but terminate at the border^{80, 81}. Small but significant functional recovery is observed in rats^{82, 83} and cats⁸⁴. This recovery is due to axon growth into, through and beyond grafts, and the authors suggest that it is instead caused by relay synapses, affording transmission of signals via transplanted neurons, which are innervated by proximal axons and turn to distal host neurons. Grafts might also provide growth factors or improve conduction in spinal cord transplants are combined with neurotrophin delivery after complete spinal cord transection, functional recovery is observed⁸⁷, with some supraspinal and propriospinal axons growing into the caudal spinal cord.

Intraspinal transplantation of fetal spinal cord has been tested in a clinical trial involving patients with syringomyelia. Complications were observed and cysts were obliterated in all the patients. These trials have not been followed by standard treatment for SCI or syringomyelia⁷, perhaps because of the difficulties associated with transplantation.

Transplantation of embryonic stem/progenitor cells. Multipotent progenitor cells can self-renew indefinitely and differentiate into any cell type. Three of the major challenges to repair after SCI are controlling the survival, integration and differentiation of transplanted cells

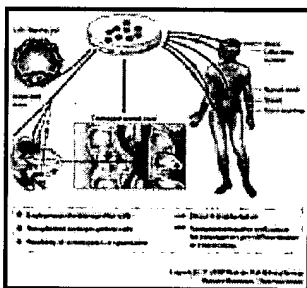
functional recovery by reconstituting damaged circuits, remyelinating axons, and increasing plaques. Many groups have studied the fate of stem cells^{91, 92} or progenitor cells^{93, 94, 95, 96, 97, 98, 99} derived from embryonic CNS or human umbilical cord blood and transplanted into the injured adult rodent. These studies have reported modest improvements in functional recovery^{91, 100, 101}.

The potential of human fetal stem cells in animal models of SCI is currently being investigated. In human fetuses, human fetuses have been transplanted into immunosuppressed mice¹⁰² and non-human primate cases, the transplanted cells survived and differentiated into cells with characteristics of oligodendrocytes associated with locomotor improvements^{102, 103}.

The most recent successful approach with embryonic CNS-derived stem/progenitor cells is to use pre-differentiated to a desired lineage before transplantation. Transplantation in rats of neuron-contusion injury improved bladder and motor function. The cells survived, filled the lesion site, and some characteristics of neurons and glia, resulting in sparing/sprouting of descending pathways. Transplantation of embryonic stem cell (ESC)-derived oligodendrocyte-restricted progenitor cells into the adult rat enhanced remyelination and promoted improvement of motor function. The cells survived, migrated, and differentiated into oligodendrocytes. By contrast, when cells were transplanted 10 months after injury, they did not differentiate into oligodendrocytes or improve locomotor recovery^{105, 106}. This study is being considered for FORE-SCI replication. **Cure Paralysis** (see Online links box).

Transplantation of adult stem/progenitor cells. Adult stem cells are now being considered. In contrast to ESC transplantation, adult stem cell transplantation should reduce ethical concerns and should not be rejected. Various adult progenitor cells have been implanted in rodent models of SCI: olfactory system (see above) to bone marrow-derived stem cells, cultured spinal cord and brain cells¹⁰⁷ (Fig. 5).

Figure 5 | Potential sources of stem/progenitor cells for transplantation into the injured spinal cord.



Stem/progenitor cells can be collected at three different stages of development: from the inner cell mass of a blastocyst; from the brain, spinal cord, olfactory system or umbilical cord of the fetus; and from the olfactory system, bone marrow or blood of the adult. Each of these cell populations can be propagated in culture to produce a molecule of interest, or be restricted to a particular cell fate before transplantation in the injured spinal cord. These cells (those of fetal CNS origin and umbilical cord blood cells) could eventually be transplanted into the injured spinal cord. Some of these cells have the potential to be used for autologous transplantation, including cells derived from umbilical cord blood cells (which can be frozen at birth for use in later life), haematopoietic stem cells. Also, endogenous stem/progenitor cells are present at the injury site and are actively dividing. Their isolation and fate might provide an alternative to transplantation. This diagram is based on published data^{95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 108, 109, 110, 111, 113, 114, 115, 116, 117, 118, 119, 120}.

transplantation after SCI in animals.

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Box 2 | Ethics of spinal cord injury research and clinical trials

- [**Full box**](#)

Adult bone marrow contains several different stem cell populations, including haematopoietic stromal cells (BMSCs), also known as mesenchymal stem cells (**Box 3**). Transplantation of HSC after compression-induced SCI in mice^{108, 109} and transplantation of BMSCs significantly improved mice and rats^{109, 110, 111}. However, the potential mechanisms by which BMSCs act are currently unclear and axonal elongation-facilitating actions have been proposed¹¹⁰. Also, the functional outcomes should be taken with caution because many are primarily based on one evaluation protocol without other behavioural measures. A small-scale human trial was conducted in which autologous BMSCs were intravenously delivered. Improvements observed appeared to fall within an expected range of spontaneous recovery, and ASIA category B to D. Nevertheless, without controls or some indication of cell viability within the spinal cord, that a measure of procedural safety was demonstrated. To our knowledge, peer-reviewed results are limited to this study⁸.

Box 3 | Bone marrow cells

- [**Full box**](#)

Adult neural progenitor cells (NPCs), isolated from the dentate gyrus, the subventricular zone of the brain, are able to self-renew, and to be multipotent in vitro and after transplantation into the CNS^{112, 113}. After transplantation into the intact and injured murine spinal cord, differentiation into only astrocytes or oligodendrocytes was observed. Mouse brain-derived adult NPCs were transplanted into the injured spinal cord of adult rats. The growth factors to selectively increase the number of oligodendrocyte precursors after transplantation post-injury survived, migrated, integrated in the injured spinal cord tissue, generated mature oligodendrocytes, myelinated the injured axons, and promoted some functional recovery. However, NPCs transplanted 8 weeks after injury failed to exert similar effects¹¹⁷. Therefore, there is a need to find and neutralize the inhibitory factors that interfere with NPC survival after transplantation.

Adult neural stem cells also reside in the spinal cord¹¹⁸, and the ability to regulate their number and fate could provide an alternative to transplantation. To regulate their numbers and fate to promote recovery, identifying which molecules are involved in governing neural stem cell proliferation, migration and differentiation. Endogenous stem cells would require no exogenous stem cell sources and would therefore circumvent immune rejection, as well as the ethical and moral considerations associated with their use.

Transplantation of engineered stem/progenitor cells. The injured adult spinal cord is characterized by poor cell survival, neuronal differentiation and maturation. Therefore, to enhance the capacity of stem cells to survive and differentiate, recently begun to engineer stem cells to have better survival, and desired differentiation and maturation. In an attempt to increase the survival of transplanted rat ESCs, ESCs were genetically modified to overexpress survival factors.

protein. This led to tumour-like growth of cells, accompanied by increased morbidity and mortality. Transplanted in the compressed mouse spinal cord, engineered mouse ESCs expressing the cell adhesion molecule *NCAM* grew longer and migrated rostrally and caudally from the lesion. Corticospinal axons showed interdigitation and extended into and, in some cases, beyond the lesion site¹²⁰.

It is apparent that transplantation alone of stem/progenitor cells after SCI will not lead to optimum recovery. It will be necessary for optimum return of function. Advances in molecular biology (for example, viral gene transfer and manipulation of these cells to express molecules of interest^{121, 122}). These types of combination require further development and careful animal testing, individually and jointly, before any clinical trials.

Transplantation of activated macrophages. It has been suggested that the failure of the transplantation of activated macrophages is attributed to the nature of the macrophage response¹²³, which differs from that observed in the transplantation of macrophages. Improvement of hindlimb function has been reported after transection and transplantation of activated macrophages with PNS or skin tissue. Fibres were shown to extend through the lesion, and re-transection of the lesion resulted in previously recovered functions^{124, 125}. However, the degree of recovery was comparable to that achieved with other cell types and occurred only in a subgroup of rats¹²⁶.

By contrast, activation of intrinsic macrophages at the spinal contusion site with micro-injection of lipopolysaccharide had negative effects on hindlimb functional recovery and tissue survival¹²⁷. Depletion of macrophages with clodronate improved better hindlimb usage during overground locomotion, more extensive white matter sparing and

There is, therefore, evidence that macrophages have deleterious effects on functional recovery, and it would be advantageous to replicate these studies in independent laboratories. Moreover, no previous studies of transplantation of activated macrophages in non-human primates have been described.

Proneuron sponsored Phase I clinical trials on the transplantation of activated macrophages in the United States and Belgium (see **Proneuron** in Online links box). Blood-derived monocytes activated using bacterial lipopolysaccharide were transplanted into eight ASIA category A participants between 9 and 14 days after injury. No irreversible adverse effects were observed. All participants improved to ASIA category C, which was claimed to be well above the expected rate of improvement in a multicentre, randomized controlled, **Phase II clinical trial** for ASIA category A participants in the United States and Israel, but recruitment for this clinical trial has currently been suspended for financial reasons (see **Proneuron** in Online links box).

Molecular therapeutic interventions

Molecular therapies after SCI have several aims: to protect neurons from secondary cell death; to enhance conduction.

Neuroprotective therapies. Substantial effort has been devoted to limiting the evolution of the injury and development of neuroprotective measures for acute SCI (and, potentially, for accompanying surgery¹³⁰). Delivery of antibodies against a cell adhesion molecule present on neutrophils and monocytes reduced tissue damage after SCI in rats and improves motor function while reducing both autonomic dysreflexia and spasticity. Erythropoietin has been reported to improve outcome¹³⁰, although this finding might not be reproducible (see **Cure Paralysis** in Online links box). Several studies have also recently reported that intravenous administration of erythropoietin improves hindlimb function in mouse and rat models of SCI^{132, 133, 134}, and this common theme is being tested in clinical trials for SCI⁹.

Intravenous steroids (for example, methylprednisolone sodium succinate; MP) have been registered in many countries¹³⁵. There is considerable debate as to whether MP has been proved to be safe and effective^{137, 138, 139, 140}. Treatment is claimed, controversially, to be beneficial if an appropriate regimen of type of injury and whether more than 3 or 8 hours have elapsed since incurring the injury; however, treatment, incorrect dosing or treatment of penetrating SCI has been shown to be detrimental¹⁴². Randomized trials examined whether modest improvements have been shown using MP, GM-1 ganglioside (TRH), nimodipine and the NMDA (N-methyl-D-aspartate) antagonist gacyclidine⁸. In 7 trials, primary outcome measures were not significant and placebo controls were lacking. When observed, these were often based on post hoc stratification, and severe side effects were also reported. Trials of neuroprotective agents have shown that large multi-centre, double-blind studies for SCI placebo-controlled **Phase III clinical trials**, with primary outcomes clearly recorded a priori, highly effective and safe neuroprotective therapies for human SCI^{10, 11}.

Enhancing conduction. Electrophysiological studies of humans with chronic SCI indicate that demyelination and that only a proportion become remyelinated (although denuded axons might remyelinate (by host or transplanted glia) or enhance conduction could yet prove useful. A potent aminopyridine) that can improve axonal conduction has been tested in several double-blind, placebo-controlled trials with chronic SCI¹⁷. However, Acorda Therapeutics' Phase III clinical trials of an oral, sustained-release aminopyridine showed a trend for improvements only in spasticity (see **Acorda Therapeutics**).

Delivery of growth factors. Growth factors modulate neuronal survival, neurite outgrowth, neurotransmission. Exogenous administration of growth factors has been proposed as one potential approach. The effectiveness of this approach has been tested using, for example, brain-derived neurotrophic factor (BDNF)^{145, 146, 147}, basic fibroblast growth factor¹⁴⁸, glial cell-derived neurotrophic factor (GDNF)^{144, 150}, and neurotrophin 3 (NT3)^{141, 145, 146, 151, 152}, NT4 and NT5 (Ref. 153). Growth factors can be delivered to the spinal cord by transient injection¹⁵⁴, continuous infusion^{143, 144} or insertion of an artificial carrier¹⁴². Ex vivo gene therapy involves grafting cells, usually fibroblasts, that have been transfected with growth factors^{145, 146, 151, 152, 153}. In vivo delivery of growth factors has also been achieved using adenovirus^{155, 156}, adeno-associated virus (AAV) and lentivirus¹⁵⁷ (see below).

After SCI, the exogenous delivery of NGF in rats can induce growth of coeruleospinal axons^{158, 159} and corticospinal axons¹⁶⁰. BDNF induces recovery of forelimb function after cervical lateral hemisection, rubrospinal, reticulospinal, vestibulospinal, raphespinal, and local sensory and motor axons¹⁶¹, and BDNF improves bladder and hindlimb function after a mid-thoracic contusion¹⁵², and GDNF promotes growth of dorsal column sensory axons after partial and complete spinal cord transections and induces recovery of function. Delivery of growth factors alone leads to only partial recovery, researchers are now combining these factors with other therapeutic approaches: OEG transplants and NT3 (Ref. 67); marrow stroma-derived cells with serotonergic agonists and NT3 (Ref. 166). In addition, delayed delivery of growth factors is necessary for acute delivery because axons of chronically injured neurons can lack appropriate growth factors.

Unfortunately, clinical trials using systemic delivery of growth factors for various disorders have shown no efficacy or unacceptable side effects, or both¹⁶⁸. Obviously, to avoid adverse effects, growth factors must be delivered in quantities to have an effect but their distribution must be restricted to the site at which they are delivered. In vivo NGF gene delivery in patients with Alzheimer's disease by implanting autologous fibroblasts expressing human NGF in the forebrain showed promising results, with no side effects attributable to the delivery.

of the rate of cognitive decline¹⁶⁹. However, to move forward with the clinical application of grc further work is required to show whether this promotes CNS axon regeneration and leads to fur human primates.

Delivery of cAMP or small GTPases. Cyclic AMP (cAMP) can induce axonal sprouting of c and of injured adult rat spinal sensory neurons in vivo when prophylactically applied^{171, 173, 174}. therapy needs to be effective when applied after SCI. In zebrafish, post-injury application of cAMP CNS axons and restored function¹⁷⁵. After injury, the CNS environment is more permissive for. Therefore, elevating cAMP levels after SCI has been tried in combination with other treatments. locomotion were observed^{176, 177} after delivery of Rolipram (which prevents the hydrolysis of c transplants¹⁷⁶, and after administration of the combination of Schwann cells, a cAMP analogue any human clinical tests can begin, therapeutic windows of delivery of cAMP analogues must be delivery established, ideally in contusion injury models in rodents or primates.

Other strategies targeting molecules that are intrinsic to neurons could be viable, with modulating approach. Many factors that limit axon regeneration (see below) signal to the neuronal cytoskeleton. Rho and Rac^{178, 179, 180}. Inhibition of Rho by a bacterial toxin, C3-ADP-ribosyltransferase, promotes degree of functional recovery after dorsal hemisection injury in adult rats¹⁸¹, although these results study¹⁸². Side effects have also been reported^{182, 183} and, although potential explanations have efficacy of small GTPase modulation need to be further evaluated before their use for human SCI. Therapeutic has developed a cell-permeable variant of a Rho inhibitor known as Cethrin (BA-21 multi-centre Phase I/IIa trial that will include ASIA category A patients who are scheduled to receive days of thoracic SCI; Cethrin will be applied using fibrin¹⁸⁴ (see **BioAxone Therapeutic** in O

Rho kinase (ROCK) acts as a downstream effector of Rho¹⁸⁶. Inhibition of ROCK by a peptide-like molecule inhibitors stimulated or accelerated functional recovery, and had a neuroprotective effect in models when given locally or systemically immediately after injury either as a single dose or over ¹⁸⁸. However, it should be kept in mind that ROCK inhibitors have teratogenic potential¹⁸⁹ and functions of small GTPases might reduce the therapeutic specificity of the compounds that mod

Modulation of interactions with myelin inhibitors. Intact and injured CNS myelin contains molecules (including Nogo-A, myelin-associated glycoprotein, oligodendrocyte myelin glycoprotein B3)^{190, 191, 192, 193}. Various therapies have been developed to target and overcome these. delivery of anti-Nogo therapeutics, independent laboratories report CNS axon growth and recovery ^{195, 196, 197, 198, 199}, although not all^{200, 201}, rodent models of SCI, and report no nociceptive against Nogo-A have recently been shown to promote growth of corticospinal tract axons after contusion hemisection in four out of five marmoset monkeys tested¹⁹². Future experiments might show whether improve outcome in contusion or compression models of SCI. Phase I clinical trials using human delivery in progress for ASIA category A patients with thoracic SCI in association with Novartis (M. Schw

Therapies targeting molecules in receptor complexes for Nogo-A²⁰³ are also being tested. In some Nogo-A, Nogo receptor or NGF receptor leads to CNS axon growth and functional recovery²⁰⁴. factors in the negative studies need to be elucidated because these could be important future targets. delivery of **NgR(310)ecto-Fc** enhances corticospinal and raphespinal axon growth after dorsal contusion in rats and enhances electrophysiological and behavioural recovery^{209, 210}. Delayed, subcutaneous

promotes growth of corticospinal axons and serotonergic fibres and a degree of locomotor recovery after hemisection^{211, 212}; independent testing of NEP1-40 by one FORE-SCI centre is underway (see **Centre** in Online links box).

Extracellular matrix modifiers. Transient suppression of collagen synthesis promotes CN and, when combined with an analogue of cAMP, it has been reported to promote CNS axon regrowth after acute SCI²¹⁴ (but see Ref. ²¹⁵ for a contrasting result). Neuraxo has reported its intention combination therapy, which they have designated Cordaneurin, in human SCI (see **Neuraxo B** links box). However, it would be valuable to reproduce these results independently, and to carry out studies in primates.

In adult rats, degradation of growth-inhibitory chondroitin sulphate by delivery of the bacterial (ChABC) promotes regeneration of injured CNS axons and recovery of function after dorsal column spinal cord hemisection in adult rats, delivery of ChABC promotes regrowth of axons from spinal nerve grafts²¹⁸ and regrowth of CNS axons into the spinal cord beyond hemichannel bridges after complete transection and implantation of channels containing Schwann cells, delivery of ChABC promotes serotonergic axons beyond grafts²²⁰. Intrathecal delivery of ChABC also promotes recovery of locomotion following severe (although not moderate) thoracic contusion injury in adult rats²²¹. Tests for effectiveness in human primate models of SCI remain to be reported. Seikagaku is testing ChABC in Phase II clinical trials (see **Seikagaku Corporation** in Online links box), which could aid translation to treatment.

Rehabilitative training

Improved locomotor function is often seen in mammals with incomplete and even complete SCI after rehabilitation²²². Locomotor training even enhances the ability of many spinally transected mammals to support body-weight support is provided^{31, 223, 224}. This improvement occurs because, after SCI, the spinal cord does not become silent but maintains active and functional neuronal properties, and can respond to the level of the injury. It can generate oscillating coordinated motor patterns and is capable of controlling movement. Increasing numbers of animal experiments combine rehabilitation/physical therapy with other interventions to promote regeneration and recovery of limb function^{228, 229, 230, 231}.

Many SCI clinical trials that are currently recruiting participants or are already in progress address locomotor training, including upper-extremity exercise, body-weight-supported treadmill training, robotic or manual training, and **functional electrical stimulation** (FES) (see **Clinical Trials.gov** in Online links box)². Studies have empirically shown which types of locomotor training and rehabilitation are optimal for recovery of function. Locomotor training enhances the ability of humans with neurologically complete SCI to walk on a treadmill when body-weight support is provided^{31, 223, 224}, although rehabilitation does not yet enable patients with complete SCI to walk unassisted overground²³³. FES of the dorsal surface of the spinal cord can induce step-like locomotion and corresponding electromyographic activity in the leg muscles in patients with complete SCI²²⁶. A recent randomised controlled trial has shown that many patients with recent, incomplete SCI achieve independent walking either using conventional devices or using body-weight-supported treadmill training^{234, 235}. Patients also benefit from treadmill or overground locomotor training: for example, improvements are seen in walking speed (although outside the testing environment, participants did not walk independently of their wheelchairs). An ASIA category C patient reported that a combination of treadmill training and spinal cord epidural stimulation resulted in a large quantity of stepping during the training session and resulted in an immediate improvement in walking.

superior to that obtained with only treadmill training²³⁶. Therefore, the combination of central peripherally (locomotor training) induced stepping appears to be an effective method for restoration of normal supraspinal input and should be explored further. Improvements in health have also including improved cardiovascular performance and reductions in spasticity, bone loss and bladder

The mechanisms by which physical therapy or rehabilitation improve function after SCI need to be understood to allow for rational improvement in therapy. Experimentation is also vital to identify safe and effective exercise. Exercise can pose special risks to people with SCI, including autonomic dysreflexia, fracture or falls. People with SCI have atypical physiological responses to exercise (for example, abnormal heart rate response to sustain intense exercise²). Inappropriate exercise could also be detrimental after SCI^{238, 239}. Heart rate is a potential confounding factor in clinical trials because it is difficult to control, although we should proceed without strong justification.

Despite the documented advantages of exercise and rehabilitation, a US survey of quadriplegics reported having no access to exercise, and a further ~45% reported having to exercise on their own without a physical therapist¹. Therefore, much remains to be done politically to ensure that therapies that are made available to individuals with SCI.

Technical aspects

Translating cellular therapies to the clinic. Because autologous transplants of cells or tissues require immunosuppression to escape immune rejection, they represent an attractive therapeutic option. A source for autologous grafts of peripheral nerves or Schwann cells because only a minor deficit in olfactory mucosa biopsy. The olfactory mucosa is more accessible than the olfactory bulb for autologous transplant. Autologous transplants using tissue from the olfactory bulb have been carried out in dogs⁷⁶. Expression of neurotrophins⁵⁴ or other mitogens²⁴¹ might be possible when the amount of tissue is limiting, and proliferation after transplantation needs to be prevented²⁴².

Cellular suspensions can be transplanted into the acute, post-injury milieu or into irregularly shaped cavities later in the injured spinal cord. Tissue grafts (for example, peripheral nerve grafts) are perhaps better suited for anatomically complete injuries or for external routing (for example, direct routes of administration might include delivery of cells into the cerebrospinal fluid by lumbar puncture towards the injury and exert a beneficial effect by reducing injury size^{243, 244}. Lumbar puncture offers its minimal invasiveness, simplicity and low cost.

Cells could also be genetically modified to deliver therapeutic molecules^{145, 146, 151, 152, 153, 16}. These include fibroblasts, ESCs, neural stem/progenitor cells, OEG and Schwann cells. However, in most cases, transplanted cells die after transplantation and are replaced by host cells^{245, 246, 247}. Although this might still confer benefits, ensuring survival of the cells and controlling regulation of expression are important for transgenic delivery. Identifying transplanted cells requires the use of a marker that neither induces nor transfers to host cells²⁴⁶.

The protective or reparative potential of transplants of a given cell type can be established only by comparing alternative cell types (rather than merely injections of fluid). With regard to complete injuries, a goal regardless of the cell type transplanted¹²⁶; a goal for the future (currently elusive) will be to ensure that the transplant supports body weight²²⁶. Finally, it might be short-sighted to select a cell type for a clinical trial

cell types within a single experiment. If the race to clinical trial results in one cell type becoming been evaluated against other cell types, then other (potentially better) cells might not be easily t difficult to deny a clinical trial participant a therapy that has already been shown to be partially case when evaluating potential drug alternatives to MP¹³⁸.

Translating molecular therapies to the clinic. Techniques to deliver molecular therapies: intracerebroventricular, intrathecal and intraspinal injection, continuous infusion or insertion c molecule of interest. Viral vector-mediated transfer of molecules to the injured spinal cord is en strategy¹⁵⁷. In vivo gene therapy has been tested in models of SCI using viruses, including herp lentivirus and Moloney leukaemia virus²⁴⁸. Particularly interesting is the finding that AAV, wh retrogradely transported efficiently to motor neurons of the spinal cord²⁴⁹. It is an efficient too factor 1 and it extends life expectancy in a murine model of motor neuron disease²⁴⁹. AAV-med paraplegin also rescued peripheral axonopathy in a model of hereditary spastic paraplegia²⁵⁰. I injections could be a method for delivering a therapeutic molecule after SCI. However, impleme research to determine the best AAV serotypes to target motor neurons efficiently, and retrograd tested in the context of SCI.

An opportunity exists for tailoring therapies to different types of injury. For example, if regener desired, knowledge of the receptors expressed on the cell body and axon will inform whether thi particular neurotrophin, and where this factor might best be applied. Similarly, there might be l that neutralizes a given inhibitory receptor if this molecule is not expressed by the axons that ar a rational basis for intervening with a given therapy by meticulously investigating the mechanis

Preclinical testing. Many preclinical therapies have not been shown to be safe and efficaciou Independent replication is extremely desirable to determine the general applicability of a therap potential therapies should be tested in models that closely approximate the human injury subty injuries in dogs, as well as surgically induced injuries in non-human primates, can be used adva response to SCI, although studied surprisingly little, has been examined after contusion injury⁴¹ differences between rodent, cat, dog and primate nervous systems¹²⁶, many recommend that th primates for safety and efficacy^{10, 11}. Despite the paucity of safety and efficacy studies using no studies and trials in humans are currently in progress⁸. This trend is of particular concern giver including transplants of stem cells or cells from the olfactory nervous system, can induce pain-r growth of sensory and sympathetic axons when tested in rodent models of SCI^{72, 110, 254, 255}. : nociception, autonomic dysreflexia and spasticity should therefore take place in animal models patients to ensure that therapies neither induce adverse consequences nor interfere with the nat function that can occur. For example, when transplanting cells, care should be taken not to abla trabeculae or axons spared in circumferential white matter^{29, 256}.

There are also relatively few studies that report outcomes after intervening more than 1 month I ²⁵⁸, and, of these, many fail to detect improvements in axon growth or functional recovery. This repair is to be achieved in individuals with long-standing injuries. Additionally, relatively few st functional recovery go on to determine whether these changes remain stable beyond 2 or 3 mon

Clinical trials networks. Various databases of patients with SCI have been established to fo SCI and to enlist and document patients that might be suitable for particular clinical trials. Eurc trial networks have been established to be ready to implement interventions across multiple cer

standardized evaluation using clinical outcome measures, imaging and neurophysiological stimulation. Researchers and others, including the FORE-SCI groups, are developing additional tests of sensory function to allow more sensitive assessment of recovery of function after SCI⁷.

Conclusions

SCI is a devastating condition for which there is as yet no cure. Cellular, molecular and rehabilitative therapies have been developed and some are now in, or moving towards, clinical trials. Nevertheless, work remains to be done to determine if any of these therapies can safely improve outcome after human SCI. To distinguish therapies that are likely to be effective, the scientific and clinical SCI communities recommend that preclinical studies should be reproducible and that individual therapies are unlikely to emerge as a cure for SCI. Rather, we predict that tailored combinations of cumulative improvements in outcome after different types of SCI.

Links

FURTHER INFORMATION

- [Acorda Therapeutics](#)
- [American Spinal Injury Association](#)
- [BioAxone Therapeutic](#)
- [Christopher Reeve Foundation](#)
- [Clinical Trials.gov](#)
- [Foundation for Spinal Cord Injury Prevention, Care and Cure](#)
- [International Campaign for Cures of Spinal Cord Injury Paralysis](#)
- [Miami Project to Cure Paralysis \(FORE-SCI\)](#)
- [National Institute of Neurological Disorders and Stroke \(NINDS\) Facilities of Cord Injury](#)
- [Neuraxo Biopharmaceuticals](#)
- [NINDS workshop on translating promising strategies for spinal cord injury treatment](#)
- [Proneuron](#)
- [Reeve–Irvine Research Centre, University of California, Irvine \(FORE-SCI\)](#)
- [Seikagaku Corporation](#)

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Competing interests statement

The authors declare **competing financial interests**.

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Author affiliations

1. Centre for the Cellular Basis of Behaviour, MRC Centre for Neurodegeneration Research, King's College London, P.O. Box 39, 1–2 WW Ground, Denmark Hill, London SE5 8AF, UK.
2. Wolfson Centre for Age-Related Diseases, King's College London, 16–18 Newcomen Street, London SE1 1UL, UK.
3. Laboratory of Genetics, The Salk Institute for Biological Studies, La Jolla, California 92037, USA.
4. These authors contributed equally to this work.

Correspondence to: Fred H. Gage³ Email: gage@salk.edu

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